

Peel Here
for more information

Do Not Eat Freshness Packet. Keep in Bottle.
Store in a cool, dry place. Please Recycle.

Vegetarian/Vegan Formula.

Protocol For Life Balance™ produces a full line of potent antioxidant supplements including: Vitamins C, E, Selenium, Grape Seed, Lycopene and Pycnogenol®. Vcaps® is a registered trademark of Capsugel.

Contains no sugar, salt, yeast, wheat, gluten, soy, milk, egg, shellfish or preservatives.
Made in the U.S.A. www.protocolforlife.com
Manufactured by NHG, P.O. Box 22023, Sparks, NV 89431

Other ingredients: Rice Flour, Vegetable Polysaccharide (capsule), Silica and Magnesium Stearate (vegetable source).

* Daily Value not established.

Supplement Facts	
Serving Size 1 Vcap®	
Amount Per Serving	250 mg*
Alpha-Lipoic Acid	

PROTOCOL
FOR LIFE BALANCE™

Alpha-Lipoic Acid 250 mg

Universal Antioxidant*

10% of profits donated for health research

90Vcaps®

A Dietary Supplement Vegetarian Formula



SUGGESTED USAGE: As a dietary supplement, take one Vcaps® daily, preferably with meals.

Alpha-Lipoic Acid (ALA) is an antioxidant that is naturally manufactured in the human body. ALA has been called the "universal antioxidant" because of its versatility—it helps deactivate an unusually wide array of cell-damaging free radicals in both water and fat environments. ALA is also known as a "mitochondrial antioxidant" because it is used by the mitochondria, "powering" them and making them much more effective. Beyond its direct antioxidant function, ALA helps to boost glutathione levels. Glutathione possesses its own antioxidant activities and is a critical component in cellular and hepatic detoxification mechanisms. ALA is also necessary for healthy glucose uptake and utilization, thereby helping to support healthy carbohydrate metabolism.* In addition, because alpha-lipoic acid can pass easily into the brain, it has protective effects on brain and nerve tissue.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Alpha-lipoic acid (ALA) is a potent antioxidant that plays a critical role in "combusting" free radicals, which can damage cells and even speed up the aging process. Because ALA can function in both the water and lipid compartments of the cell, it has been called "the universal antioxidant."

In addition, ALA plays a key role in maintaining the body's antioxidant status. Because it has been found to help replenish Vitamin C and glutathione (crucial for cellular and liver detoxification), it is therefore important in the body's ability to remove toxins and waste material safely. ALA also helps to recycle Vitamin E.*

Finally, ALA helps to promote cellular and muscular energy production by working as a co-enzyme in the metabolism of sugars. ALA is therefore an important nutrient for the support of healthy glucose and insulin utilization by the cell.*

Caution and Interactions

Blood hormone levels and thyroid function tests should be monitored closely in people taking thyroid hormones who are also taking alpha-lipoic acid. Also, because it may affect insulin sensitivity, blood glucose levels should be monitored closely when alpha-lipoic acid supplementation is added to diabetes treatment regimens. In addition, alpha-lipoic acid supplementation may increase the requirement for biotin in humans.

Alpha-lipoic acid may affect the body's metabolism of certain medications, including Clopidin and Cyclophosphamide.

Guaranteed Quality

This is an FDA-regulated dietary supplement that is produced in an FDA- and third party-inspected facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed basic lab requirements.

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This product contains an AgAgess® anti-oxygen packet to enhance protection during storage.

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