ITEM #30695
B30746 00A

ACTUAL SIZE

GOOD 'N NATURAL®

Vitamin C
500 mg
Plus
Vitamin D3
1000 IU

Antioxidant Support*

Promotes a healthy immune system & supports bone health*

Dietary Supplement

100 *RAPID RELEASE SOFTGELS*

GUARANTEED LABORATORY TESTED QUALITY

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		%Daily Value
Vitamin C (as Ascorbic Acid)	500 mg	833%
Vitamin D (as D3 Cholecalciferol)	1,000 IU	250%

Other Ingredients: Soybean Oil, Gelatin, Vegetable Glycerin. **Contains <2% of:** Corn Oil, Natural Caramel Color, Rose Hips, Soy Lecithin, Yellow Beeswax.

No Gluten, **No** Yeast, **No** Wheat, **No** Milk or Milk Derivatives, **No** Lactose, **No** Egg, **No** Grapefruit, **No** Fish, **No** Sweetener, **No** Sugar, **No** Starch, **No** Preservatives, **No** Artificial Flavor, **No** Sodium.

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Directions: For adults, take one (1) softgel daily, preferably with a meal.

Both Vitamins C & D play an important role in supporting immune function.* Vitamin D aids in supporting bone health, while Vitamin C neutralizes free radicals in the cells.*

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

Manufactured by **Good 'N Natural®, Bohemia, NY 11716 USA**
800-544-0095 www.GOODNNATURAL.com © 2010 Good 'N Natural®