ITEM #2711
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ACTUAL SIZE

GOOD 'N NATURAL®

Timed Release

MEGA Vitamins for the Hair

Dietary Supplement

90 TABLETS

GUARANTEED LABORATORY TESTED QUALITY

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 30

Amount Per Serving	%Daily Value
Vitamin A (100% as Beta-Carotene)	10,000 IU	200%
Vitamin C (as Ascorbic Acid)	1,000 mg	1,667%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	100 mg	6,667%
Riboflavin (Vitamin B-2)	100 mg	5,882%
Niacin (as Niacinamide)	100 mg	500%
Vitamin B-6 (as Pyridoxine Hydrochloride)	100 mg	5,000%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1,667%
Biotin	2,000 mcg	667%
Zinc (as Zinc Amino Acid Chelate)	5 mg	33%
Copper (as Cupric Gluconate)	2 mg	100%
Choline Bitartrate	500 mg	**
Inositol	500 mg	**
PABA (Para-Aminobenzoic Acid)	100 mg	**
L-Cystine (as L-Cystine Hydrochloride)	334 mg	**

**Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Hypromellose, Vegetable Stearic Acid, Silica, Vegetable Magnesium Stearate, Vegetable Cellulose, Food Glaze.

Directions: For adults, take three (3) tablets daily, preferably with a meal.

No Gluten, **No** Yeast, **No** Wheat, **No** Milk or Milk Derivatives, **No** Lactose, **No** Soy, **No** Egg, **No** Grapefruit, **No** Fish, **No** Sugar, **No** Preservatives, **No** Artificial Color, **No** Artificial Flavor, **No** Sodium.

Mega Vitamins for the Hair provides essential nutrients to help your hair be its healthiest.* Specially formulated to provide a gradual release of vitamins, minerals and essential hair-friendly nutrients over a prolonged period of time for maximum nutritional benefit.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

***This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured by **Good 'N Natural®, Bohemia, NY 11716 USA**
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