

ITEM #238
B236 11J



ACTUAL SIZE



Glucosamine Chondroitin Complex

**Promotes
Healthy Joint and
Cartilage Maintenance***

Dietary Supplement

60 CAPSULES



Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	%Daily Value
Vitamin C (as Ascorbic Acid)	200 mg 333%
Manganese (as Manganese Sulfate)	2 mg 100%
Sodium	30 mg 1%
Glucosamine Sulfate • 2KCl	500 mg **
Chondroitin Sulfate	400 mg **

**Daily Value not established.

Other Ingredients: Gelatin, Silica,
Vegetable Magnesium Stearate.

Contains shellfish (shrimp, crab,
lobster, crayfish) ingredients.

**No Gluten, No Yeast, No Wheat,
No Milk or Milk Derivatives,
No Lactose, No Soy, No Egg,
No Corn, No Grapefruit,
No Sweetener, No Sugar,
No Starch, No Preservatives,
No Artificial Color, No Artificial Flavor.**

Directions: For adults, take two (2)
capsules three times daily, preferably
with meals.

Glucosamine and Chondroitin Sulfate
are key structural components in
cartilage and play an important role in
the maintenance of joint cartilage.*
This formulation promotes mobility
and flexibility for comfortable joint
movement.*

WARNING: If you are pregnant, nursing or
taking any medications, consult your doctor
before use. Discontinue use and consult your
doctor if any adverse reactions occur. Keep
out of reach of children. Store at room
temperature. Do not use if seal under cap is
broken or missing.

*These statements have not been evaluated by the
FDA. This product is not intended to diagnose,
treat, cure or prevent any disease.

Manufactured by Good 'N Natural®, Bohemia, NY 11716 USA
800-544-0095 www.GOODNNATURAL.com © 2011 Good 'N Natural®