



Hi-Vidomin Nutritional Multi (hVnl-M)

A Dietary Supplement



**Douglas
Laboratories®**

180 Tablets

Supplement Facts

Serving Size 6 tablets • Servings Per Container 30

Amount Per Serving		%DV
Vitamin A	4,800 IU	96%
Vitamin C (as ascorbic acid)	600 mg	1,000%
Vitamin D3	420 IU	105%
Vitamin E (as d-alpha tocopheryl)	420 IU	1,400%
Vitamin K (as phytonadione)	72 mcg	90%
Thiamine	24 mg	1,600%
Riboflavin	24 mg	1,412%
Niacinamide	36 mg	180%
Vitamin B-6 (as pyridoxine HCl)	24 mg	1,200%
Folic Acid	780 mcg	195%
Vitamin B12 (as cyanocobalamin)	90 mcg	1,500%
Biotin	60 mcg	20%
Pantothenic Acid (as calcium pantothenate)	24 mg	240%
Calcium (as calcium citrate)	300 mg	30%
Iodine (from kelp)	150 mcg	100%
Magnesium (as magnesium oxide)	300 mg	75%
Zinc (as Opti-Zinc®, zinc monomethionine)	6 mg	40%

Amount Per Serving		%DV
Selenium (as selenomethionine)	180 mcg	257%
Copper (as copper krebs†)	1.5 mg	75%
Manganese (as manganese krebs†)	6 mg	300%
Chromium (as chromium polynicotinate)	150 mcg	125%
Molybdenum (as molybdenum krebs†)	72 mcg	96%
N-Acetyl L-Cysteine	600 mg	*
Quercetin	600 mg	*
Curcumin (root)	300 mg	*
Choline (as choline bitartrate)	150 mg	*
Resveratrol (from <i>Polygonum cuspidatum</i> , root)	150 mg	*
Inositol	24 mg	*
Boron (as boron citrate)	1.5 mg	*

*Daily Value not established.

Other ingredients: Cellulose, vegetable stearate and silica.

†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

Manufactured in the USA by:

Douglas Laboratories

600 Boyce Road

Pittsburgh, PA 15205 USA

www.douglaslabs.com

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Warning: This product contains Vitamin K, which interferes with the prescription drugs Coumadin and Warfarin. Do not take this if taking either of these drugs.

Suggested Usage:

As a dietary supplement, adults take 6 tablets or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN. For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #99408



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