ITEM #162 B161 03D

ACTUAL SIZE



## YGOOD'N NATURAL

## Acetyl L-Carnitine

Promotes Memory and Cognitive Function\*

Dietary Supplement

**30 CAPSULES** 

## ALIT

## eva

Supplement Facts
Serving Size 1 Capsule

Amount Per Serving %Daily Value

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Acetyl L-Carnitine 250 mg

(as Acetyl L-Carnitine Hydrochloride)
\*\*Daily Value not established.

No Gluten, No Yeast, No Wheat,

Other Ingredients: Rice Flour, Gelatin, Vegetable Magnesium Stearate.

No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Corn, No Grapefruit, No Fish, No Sweetener, No Sugar, No Starch, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease. **Directions:** For adults, take one (1) capsule four to six times daily, preferably with meals.

Acetyl L-Carnitine is responsible for long-chain fatty acid transport for ATP production within the mitochondria.\* Scientific studies show that Acetyl L-Carnitine promotes brain metabolism, memory and cognitive function, and is helpful when experiencing mild memory problems associated with aging.\*

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

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