E FREE • 33% MORE FREE • 33% MORE FREE • 33% MORE FREE •

(as Ascorbic Acid)

Vitamin C

98138 81710

ACTUAL

SIZE

B1710 01B

YGOOD'N NATURAL®

Vitamin C-1000 mg

Promotes
Immune System Function*

Dietary Supplement



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving %Daily Value

1,000 mg (1 g)

1,667%

Other Ingredients: Vegetable Cellulose.
Contains <2% of: Silica, Vegetable
Magnesium Stearate, Vegetable Stearic
Acid

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives.

No Lactose, No Soy, No Egg, No Corn, No Grapefruit, No Fish,

No Sweetener, No Sugar, No Starch, No Preservatives, No Artificial Color,

No Artificial Flavor, No Sodium.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: For adults, take one (1) tablet daily, preferably with a meal.

Vitamin C plays an important role in supporting immune function.* As an antioxidant, Vitamin C helps neutralize cell-damaging free radicals in the body.*

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

Manufactured by Good 'N Natural®, Bohemia, NY 11716 USA 800-544-0095 www.GOODNNATURAL.com © 2010 Good 'N Natural®