

Suggested Use

Adults: 1 teaspoon, within one hour before bedtime¹

Children age 2-12: ½ teaspoon, within one hour before bedtime¹

Refrigerate after opening.

Shake well before use.

Alcohol free herbal syrup

¹Or as directed by a qualified health care practitioner. Not to be used during pregnancy or lactation, if you have a medical condition or are taking medications please consult with your health care practitioner before using this product. Keep out of reach of children. Do not use if safety seal is broken.

BEST BY:

LOT NO:



meetyourherbs®

ID# 00080087

Black Elderberry

gaia
HERBS



RapidRelief™

Black Elderberry NightTime Syrup

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3 fl. oz. (90ml)
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 teaspoon (5 ml)

Servings per Container: 18

	Amount Per Serving	%Daily Value ¹
Calories	18	
Total Carbohydrates	5 g	2%
Sugars	3 g	†
Vitamin C (from Organic Acerola ♦)	13 mg	21%
Organic Black Elderberry ♦ (Sambucus nigra) juice concentrate*	1900 mg	†
Organic Acerola fruit ♦ (Malpighia glabra) extract	148 mg	†
Proprietary Blend	104 mg	†
Freeze-dried extracts of Lemon Balm leaf ♦ (Melissa officinalis), Grindelia flowering tops ♦ (Grindelia robusta), California Poppy tops ♦ (Eschscholzia californica)		

¹Percent Daily Values are based on a 2,000 calorie diet.

*Percent Daily Value not established.

Other ingredients: Organic sugar cane, water, lemon juice

♦ = Certified organic according to EU Regulation 2092/91

* Juice concentrate equivalent to 14.5 g (14,500mg) of fresh elderberries

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