



# Vanadyl Complex™

DIETARY SUPPLEMENT

1  
Daily

Glucose Utilization Support  
With Cinnamon  
90 TABLETS

**Directions:** Take 1 tablet daily with a meal or glass of water. To maximize absorption, avoid taking additional chromium supplements simultaneously. Store in a cool, dry place.

**Caution:** Consult your physician prior to use if you are diabetic, pregnant, or lactating.

## Supplement Facts

Serving Size 1 Tablet

|                                                                                                                                        | Amount Per Serving | % Daily Value |
|----------------------------------------------------------------------------------------------------------------------------------------|--------------------|---------------|
| Vitamin C (as Ascorbic Acid)                                                                                                           | 100 mg             | 167%          |
| Chromium (as Chromium Picolinate)                                                                                                      | 50 mcg             | 42%           |
| Vanadyl Sulfate                                                                                                                        | 10 mg              | *             |
| GTF-Plex™ Proprietary Blend Cinnamon (Cinnamomum verum) (bark), Bay Leaf (Laurus nobilis) (leaf), Cloves (Syzgium aromaticum) (flower) | 450 mg             | *             |

\*Daily Value not established.

**Other Ingredients:** Cellulose, Silica and Stearic Acid.

**Discussion:** Advanced Formula with GTF-Plex™ - a Special Blend of High Activity Spices. Plus Chromium Picolinate and Vitamin C for maximum activity.

**KAL Guarantees** that NO ingredients other than those listed on this label have been added to this product. ActivTab™ technology guarantees tablet disintegration within 30 minutes according to USP standards.