

For more information:

1-888-462-2548

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Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222  
Made in the USA

ACTUAL  
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**GNC**

# Melatonin 5

DIETARY SUPPLEMENT

*supports restful sleep*

*This statement has not been evaluated by the  
Food and Drug Administration. This product is not  
intended to diagnose, treat, cure, or prevent any disease.*

5 mg

60  Vegetarian TABLETS



**CODE 109211**

**Directions:** As a dietary supplement, take one tablet before bedtime. Do not exceed one tablet in any 24-hour period. Read warning label prior to use.

## Supplement Facts

Serving Size One Tablet

Amount Per Serving

Melatonin	5 mg	*
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\* Daily Value not established.

**Other Ingredients:** Dicalcium Phosphate, Cellulose.

**WARNING:** For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult your physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery.

Potency verified by GNC procedure #5008.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, No Preservatives, Sodium Free, No Wheat, No Gluten, No Corn, No Soy, No Dairy, Yeast Free.

**KEEP OUT OF REACH OF CHILDREN.**

Store in a cool, dry place.

**JIG**

Lot No./Best By: