

	Amount Per Serving	% Daily Value
Schisandra (Fruit)	50 mg	†
<i>(Schisandra chinensis)</i>		
Barberry (Root Bark)	30 mg	†
<i>(Berberis vulgaris)</i>		
Turmeric (Root)	30 mg	†
<i>(Curcuma longa)</i>		
L-Methionine	20 mg	†
Greater Celandine	10 mg	†
<i>(4:1 Conc. Extract) (Whole Plant)</i>		
<i>(Chelidonium majus)</i>		

† Percent Daily Values are based on a 2,500 calorie diet.
1 Daily Value not established.

Other ingredients: Gelatin (capsule), Cellulose, Magnesium Stearate, Silica and Stearic Acid.

Manufactured by NHG,

P.O. Box 2203, Sparks, NV 89431

Made in the U.S.A. www.protocoloflife.com

Contains no sugar, salt, starch, yeast, wheat, gluten, milk, egg or preservatives.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 3 Capsules Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	1 g	< 1%*
Dietary Fiber	0.7 g	3%*
Vitamin C (from Ascorbyl Palmitate)	12 mg	20%
Milk Thistle (Standardized Extract) (Seeds)	300 mg	†
<i>(Silybum marianum) (min. 80% Silymarin)</i>		
Proprietary Herbal-Nutrient Formula	250 mg	†
Artichoke (<i>Cynara scolymus</i>) (Leaf), Beet (<i>Beta vulgaris</i>) (Leaf), Black Radish (<i>Raphanus sativus</i>) (Root), Bladderwrack (<i>Fucus vesiculosus</i>) (Whole Plant), Raspberry (<i>Rubus idaeus</i>) (Leaf), Phosphatidyl Choline (Boj), Pancreatin (Pancreatic Enzymes), Blue Flag (<i>Iris versicolor</i>) (Root), Clovers (<i>Galium aparine</i>) (Aerial Parts)		
L-Glutathione (Free-Form) (Reduced)	100 mg	†
N-Acetyl Cysteine (NAC)	100 mg	†
Bupleurum (4:1 Conc. Extract) (Root)	100 mg	†
<i>(Bupleurum chinensis)</i>		
Grape Seed (Standardized Extract)	100 mg	†
<i>(Vitis vinifera) (min. 90% Polyphenols)</i>		
Dandelion (4:1 Conc. Extract) (Root)	100 mg	†
<i>(Taraxacum officinale)</i>		
L-Carnitine Base	50 mg	†
Scute (4:1 Conc. Extract) (Root)	50 mg	†
<i>(Scutellaria baicalensis)</i>		
Pueraria (4:1 Conc. Extract) (Flower)	50 mg	†
<i>(Pueraria thurberiensis)</i>		

PROTOCOL
FOR LIFE BALANCE™

Liver Detox™

• Clinically Developed by
Dr. C. Samuel Verghese, M.D., Ph.D.

• Liver Support*

10% of profits donated for health research

90 Capsules

A Dietary Supplement



SUGGESTED USAGE: As a dietary supplement, take 3 capsules daily with meals.

Protocol For Life Balance™ Liver Detox™ is a proprietary blend of herbs and nutrients designed to support healthy liver function. Liver Detox™ contains Milk Thistle extract, which has been shown in clinical and non-clinical studies to support the liver, as measured by standard liver enzyme laboratory tests. In addition, Protocol For Life Balance™ Liver Detox™ contains N-Acetyl Cysteine and Methionine, two amino acids known to enhance the production of glutathione in the liver. Glutathione, a major cellular antioxidant, plays an essential role in liver detoxification mechanisms. Also included in Liver Detox™ are other herbs (Schisandra, Barberry, Turmeric, Greater Celandine, L-Carnitine, Bupleurum, and Scute) that have been shown in non-clinical studies to support healthy liver function. The formula is specifically formulated for frequent travelers who want to support their liver health while traveling.*

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Protocol For Life Balance™ Liver Detox™ is a clinically developed, exclusive blend of herbs and nutrients specifically formulated to support healthy liver function. The liver is the largest gland in the body, playing a number of key roles in metabolism. The liver performs numerous functions, a few of which are glycogen storage, plasma protein synthesis, and the detoxification of xenobiotics (foreign compounds). It also produces bile, which is critical for proper digestion of dietary fats.

Liver Detox™ contains Milk Thistle Extract, (for its silymarin content) which appears to concentrate its main action on the liver. Milk Thistle is well recognized for its hepatoprotective (liver protecting) properties and has been shown to support the liver's production of glutathione. Glutathione, a cellular antioxidant, helps to reduce the damaging effect of free radicals. N-Acetyl Cysteine (NAC) and Methionine have been included to further support the production of glutathione.*

Liver Detox™ includes Schisandra, Bupleurum, and Scute (Baikal Skullcap), all of which have long been used in Chinese herbals to support liver function. With these and additional synergistic nutrients and herbs, this combination provides comprehensive support for liver function and overall health.*

This product was developed clinically by Dr. Verghese, M.D., Ph.D.

Cautions and Interactions

Milk Thistle may affect the liver's metabolism of alcohol and acetaminophen, butyrophorones (such as haloperidol) and phenothiazines (such as chlorpromazine, fluphenazine, and promethazine), phenytoin, halothane, ceftriaxone, and cefotaxime. NAC may also affect the body's metabolism of both ceftriaxone and doxorubicin.

Because artichoke and dandelion root may have an effect on bile secretion, caution must be exercised by individuals with obstruction of the bile ducts, gallstones or other serious diseases of the gallbladder, and physician supervision is advised.

Animal studies suggest that dandelion may worsen the side effects associated with lithium, a medication used to treat bipolar disorder.

Animal studies indicate that Scute may interfere with the absorption with cyclosporine.

NAC may affect ACE inhibiting medications and immunosuppressive medications such as azathioprine, cyclophosphamide, prednisolone, or prednisone. In addition, NAC may affect nitroglycerin and isosorbide (two medications commonly used to treat chest pain)

Guaranteed Quality

This is an FDA-registered dietary supplement that is produced in an FDA- and third party-inspected facility. We are certified for producing dietary supplements under cGMP (Current Good Manufacturing Practices) and cGMP (Good Manufacturing Practices). All ingredients are quality tested to meet or exceed specifications. Our quality control goes all the way from the source of the raw materials to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed basic lab requirements.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

This product contains an Argelase® anti-oxigen packet to enhance protection during storage.