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Distributed by:
General Nutrition
Corporation
Pittsburgh, PA 15222
Made in the USA
B6879701

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Promotes joint
mobility & flexibility*

Helps rebuild
cartilage*

16 Fl. Oz. (480 ml)

Glucosamine

Chondroitin

MSM



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, cure, treat or prevent any disease.

CODE 705804

IIG

Directions: Shake well before each use. As a dietary supplement, take one serving (2 tablespoons) daily, preferably with meals. Can also be mixed with 4-6 oz. of water or your favorite beverage. Refrigerate after opening.

Supplement Facts

Serving Size 2 Tablespoons (30 ml)
Servings Per Container 16

Amount Per Serving	% Daily Value	
Calories	20	
Total Carbohydrates	4 g	1%†
Protein	1 g	
Sodium	90 mg	4%
Glucosamine HCL	1500 mg	*
Chondroitin Sulfate	1200 mg	*
Methylsulfonyl-methane	900 mg	*

†Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established.

Other Ingredients: Purified Water, Glycerin, Citric Acid, Natural and Artificial Flavors, Potassium Sorbate, Sodium Benzoate, Sucralose, Caramel Color, Acesulfame Potassium.

CONTAINS: Shellfish (Crab and Shrimp).
KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place. Refrigerate after opening.

Lot No./Best By: