

Suggested Use

Adults take 20-40 drops of extract in a small amount of water 3 times daily between meals.

Shake well before using. Not to be used during pregnancy or lactation. If you have a medical condition or take medications please consult with your doctor before use.

Keep away from children. Use only as directed on label.

Safety sealed for your protection.

GaiaHerbs.com

Liquid Herbal Extract

California Poppy

500 mg/ml herb equivalency

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DIETARY SUPPLEMENT 1 FL OZ (30ML)

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Supplement Facts

Serving Size 20 Drops (0.6 ml)

Servings Per Container 50

AMOUNT PER SERVING

California Poppy herb and root extract ▲ (*Eschscholzia californica*) †

DRY HERB STRENGTH RATIO: 1:2

†Daily Value not established.

Other ingredients: water and pure grain Alcohol USP (60-70%).

▲=Certified Organic Ingredient

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