

Suggested Use

Take 30-40 drops of extract in a small amount of water 4 times daily between meals.

Shake well before using. Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before use.

Keep away from children. Use only as directed on label.

Safety sealed for your protection.

GaiaHerbs.com

Liquid Herbal Extract

Breathe Naturally

SUPREME

Contains Grindelia floral buds

gaia
HERBS

DIETARY SUPPLEMENT 1 FL OZ (30ML)

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Supplement Facts

Serving Size 30 Drops

Servings Per Container 30

AMOUNT PER SERVING

PROPRIETARY BLEND†

EXTRACTS FROM: Grindelia floral buds and tops▲ (*Grindelia* spp.), Green Tea leaves▲ (*Camellia sinensis*), Coleus forskohlii root+ (*Coleus forskohlii*), Khella seed+ (*Ammi visnaga*), Licorice root+ (*Glycyrrhiza* spp.), Rose Hips solid extract+ (*Rosa canina*), Feverfew leaf and flowers▲ (*Tanacetum parthenium*), Lobelia herb & seed▲ (*Lobelia inflata*), Ginger rhizome▲ (*Zingiber officinale*), Cinnamon bark▲ (*Cinnamomum* spp.) 44-54% Pure Grain Alcohol USP and Water.

†Daily Value not established.

▲ = Certified Organic Ingredient

+ = Ecologically Harvested

GAIA HERBS, INC., Brevard, NC 28712



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7 (00) 1202-1010