

Suggested Use

Take 30-40 drops of extract in a small amount of water 3 times daily between meals.

Shake well before using. Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before use.

Keep away from children. Use only as directed on label.

Safety sealed for your protection.

GaiaHerbs.com

Liquid Herbal Extract

CERTIFIED ORGANIC

Black Elderberry

500 mg/ml herb equivalency

gaia[®]
ORGANICS



DIETARY SUPPLEMENT 1 FL OZ (30ML)

Meet your herbs at GaiaHerbs.com BEST BY

Supplement Facts

Serving Size 30 Drops (1 ml)

Servings Per Container 30

AMOUNT PER SERVING

EXTRACT †

Organic Black Elder berries
(Sambucus nigra)

in Water and Organic Grain
Alcohol USP (40-50%).

MINIMUM DRY HERB STRENGTH RATIO: 1:2

†Daily Value not established.

GAIA HERBS, INC.
101 Gaia Herbs Dr., Brevard, NC 28712
Certified Organic by Oregon Tilth



(03) 1281-0910

7

51063 32100

6