

Peel Here
for more information

Stearic Acid 90 mg

Each Serving may typically provide the following naturally occurring fatty acids: Linoleic Acid 236 mg, Oleic Acid 120 mg, Palmitic Acid 65 mg, Stearic Acid 90 mg

www.protocolforlife.com

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431

Other ingredients: Gelatin, Glycerin and Water.

† Daily Value not established.

* Percent Daily Values are based on a 2,000 calorie diet.

Supplement Facts	
Serving Size 1 Softgel	
Amount Per Serving	% Daily Value
Calories	10
Calories from Fat	10
Total Fat	1 g
Saturated Fat	2%*
Trans Fat	0%*
Polysaturated Fat	†
Monounsaturated Fat	†
Borage Oil (<i>Borago officinalis</i>) (Seed)	† 1.05 g (1,050 mg)
Gamma Linolenic Acid (GLA)	240 mg
† Percent Daily Values are based on a 2,000 calorie diet.	
† Daily Value not established.	
Other ingredients: Gelatin, Glycerin and Water.	



PROTOCOL
FOR LIFE BALANCE™

Borage/GLA

1050 mg

- Rich in Omega-6 Fatty Acids
- 240 mg of GLA

10% of profits donated for health research
60 Softgels
A Dietary Supplement

SUGGESTED USAGE: As a dietary supplement, take 1 softgel 1 to 2 times daily, preferably with meals. For intensive use, take 6 or more softgels daily under the supervision of a health care practitioner.

Borage oil is a rich source of GLA (*gamma-linolenic acid*). GLA is a fatty acid that supports a healthy inflammatory response.* GLA has been shown to be important for lung, joint, and eye health.* Although the body can manufacture GLA from dietary linoleic acid, it can be more efficiently utilized for body functions when supplied directly by dietary sources. Protocol for Life Balance™ Borage/GLA is hexane free.*

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.

Contains no sugar, salt, starch, gluten, corn, soy, milk, egg, shellfish or preservatives.



CODE P1720

V2

Borage Oil is produced from the seeds of the borage plant (*Borago officinalis*), a member of the Boraginaceae family. Borage Oil is a potent source of the long-chain polyunsaturated omega-6 fatty acid, *gamma-linolenic acid* (GLA).

GLA is recognized as one of the "good" essential fatty acids used to enhance cell membrane fluidity and function. Although the body can manufacture GLA from dietary linoleic acid, it can be more efficiently utilized for body functions when supplied directly by dietary sources.*

GLA supports a balanced inflammatory response. In the past, many consumers relied on Evening Primrose oil (EPO); however, Borage Oil has now been found to be an even richer source of GLA. Borage Oil has been used for hundreds of years, and has been shown to be important for lung, joint, and eye health.*

To ensure absolute purity, Protocol For Life Balance™ Borage/GLA is produced using a mechanical expeller press that does not utilize solvents.

Cautions and Interactions

GLA supplements should not be used if you have a seizure disorder because there have been reports of these supplements inducing seizures. Individuals taking a class of medications called phenothiazines (such as chlorpromazine, fluphenazine, perphenazine, promazine, and thioridazine) to treat schizophrenia should not take EPO because it may interact with these medications and increase the risk of seizures.

Borage seed oil, and possibly other sources of GLA, should not be used during pregnancy because they may induce early labor.

GLA may interact with certain medications, including doxorubicin, cisplatin, carboplatin, idarubicin, mitoxantrone, tamoxifen, vincristine, vinorelbine, cerazoline, and cyclosporine.

Guaranteed Quality

This is an FDA-regulated dietary supplement that is produced in an FDA- and third party-inspected facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed basic lab requirements.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

This product contains an Agless® anti-oxygen packet to enhance protection during storage.