Peel Here
for more information

PROTOCOL
FOR LIFE BALANCE™

Cardio Tri-Plex™

1. Red Yeast Rice
2. CoQ_{10}
3. Omega-3

- Cardiovascular Support*
- Healthy Inflammatory Response*

10% of profits donated for health research

GMP

cholesterol free

120 Softgels
A Dietary Supplement

Supplement Facts

Serving Size 2 Softgels Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%*
Saturated Fat	0.5 g	3%*
Trans Fat	0 g	†
Cholesterol	0 mg	0%
Vitamin E (as natural d-alpha Tocopherol)	20 IU	67%
Natural Fish Oil Concentrate	**2.0 g (2,000 mg)**	†
Omega-3 Fatty Acids	**600 mg**	†
Eicosapentaenoic Acid (EPA)	360 mg	†
Docosahexaenoic Acid (DHA)	240 mg	†
Organic Red Yeast Rice *(Monascus purpureus)*	**600 mg**	†
CoQ_{10} (Coenzyme Q_{10})	**60 mg**	†

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water, carob) and Soy Lecithin.
Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431
Made in the U.S.A. www.protocolforlife.com

SUGGESTED USAGE: As a dietary supplement, take 2 softgels twice daily or as directed by your health care practitioner.

Clinical studies have consistently shown that the omega-3 fatty acids EPA and DHA, can help to maintain triglyceride levels within the healthy range. In addition, scientific evidence indicates that EPA supports a healthy inflammatory response. These effects are among the many beneficial properties of omega-3 fatty acids that contribute to a healthy cardiovascular system. Red Yeast Rice is produced to provide the optimal concentrations of active constituents. The Red Yeast Rice in Protocol For Life Balance™ Cardio Tri-Plex™ is carefully selected to avoid the presence of citrinin, a sometimes toxic by-product of the fermentation process. The third cardiovascular support component of this formula is CoQ_{10}.*

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Contains fish (sardines, anchovies, mackerel) and soy derivatives. Contains no sugar, salt, starch, wheat, gluten, corn, milk, egg, shellfish or preservatives. Store in a cool, dry place. Please Recycle.

WARNING: Do not use if you are pregnant, may become pregnant, or are breast feeding, because using this product may harm the fetus. Individuals with liver disease or those currently taking any medications should consult with a health practitioner prior to use.

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Red yeast rice (RYR) is a traditional Chinese culinary ingredient prepared by using *Monascus purpureus* fermented with rice. It has been used in China for about 1,200 years as a food preservative, natural colorant in the production of red rice wine and red bean curd, as well as by traditional herbalists for many other purposes. A dietary staple in some Asian countries, RYR is consumed in some areas at estimated levels of 14-55 grams per day per person. The extracts from RYR contain starch, sterols, isoflavones, monounsaturated fatty acids, and other compounds that contribute to overall health.*

Protocol For Life Balance™ Cardio Tri-Plex™ also contains fish oil, a rich source of Omega-3 fatty acids. Omega-3 fats are known to support cardiovascular health as well as for their ability to support a balanced, healthy inflammatory response.* In addition, Coenzyme Q_{10}, known for its key role in cellular energy production, has been included for its potent antioxidant properties and for enhanced cardiovascular support.*

Cautions and Interactions

Red yeast rice is well tolerated when taken as directed. Do not use in conjunction with cholesterol-lowering medications, during pregnancy or lactation, if consuming more than two alcoholic drinks per day, or if you are under twenty years of age. Individuals with liver disease or taking any prescription medication should consult a physician before taking this product.

Omega-3 fatty acids may interact with aspirin or warfarin. In addition, Omega-3 fatty acids may interact with cholesterol-lowering statin medications. Omega-3 fatty acids may affect the metabolism of certain medications, including cyclosporine, and may also affect the efficacy of topical corticosteroid treatment.*

Guaranteed Quality

This is an FDA-regulated dietary supplement that is produced in an FDA- and third party-inspected facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed basic lab requirements.

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