

**Peel Here**  
for more information

Manufactured in the U.S.A. www.protocolforlife.com

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431

Other ingredients: Softgel Capsule (gelatin, glycerin, water and enteric coating).

\* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

## Supplement Facts

Serving Size 1 Softgel

|                                           | Amount<br>Per Serving | % Daily<br>Value |
|-------------------------------------------|-----------------------|------------------|
| Calories                                  | 10                    |                  |
| Total Fat                                 | 1 g                   | 2%*              |
| Calories from Fat                         | < 0.5 g               | < 1%*            |
| Saturated Fat                             | 0 g                   | †                |
| Trans Fat                                 | 0.9 g                 | †                |
| Polysaturated Fat                         | > 0.5 g               | †                |
| Monounsaturated Fat                       | 0 mg                  | 0%               |
| Cholesterol                               | 2 IU                  | 7%               |
| Vitamin E (as natural d-alpha Tocopherol) | 1.9 g (1,000 mg)      | †                |
| <b>Natural Fish Oil Concentrate</b>       |                       |                  |
| Omega-3 Fatty Acids                       | 750 mg                | †                |
| Eicosapentaenoic Acid (EPA)               | 500 mg                | †                |
| Docosahexaenoic Acid (DHA)                | 250 mg                | †                |

**PROTOCOL**  
FOR LIFE BALANCE™

Molecularly Distilled

# Ultra Omega-3

500 EPA / 250 DHA

- Cardiovascular Support\* - Enteric Coated
- Supports Cognitive Function\*

10% of profits donated for health research

cholesterol free

**90 Softgels**

A Dietary Supplement



**SUGGESTED USAGE:** As a dietary supplement, take 1 softgel 1 to 4 times daily with meals. Consider taking this product in combination with our COQ10.

Consumption of Omega-3 fatty acids may reduce the risk of coronary heart disease. FDA evaluated the data and determined that, although there is scientific evidence supporting the claim, the evidence is not conclusive.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

The Natural Fish Oil Concentrate used in this softgel is manufactured under strict quality control standards. It is tested to be free of potentially harmful levels of contaminants (i.e., mercury, heavy metals, PCBs, dioxins, and other contaminants).

Those who experience nausea or reflux from other fish oils should find this enteric coated, odor controlled softgel easier to digest.

Contains fish (sardines, anchovies, mackerel) and soy derivatives. Contains no sugar, salt, starch, wheat, gluten, corn, milk, egg, shellfish or preservatives. Store in a cool, dry place. Please Recycle.

**Do Not Eat Freshness Packet. Keep in Bottle.**



CODE P1661



Omega-3 Fatty Acids (EAs) found in fish oils are widely recognized for a variety of health benefits.

The most important omega-3 fatty acids in nutrition are Eicosapentaenoic acid (EPA), and docosahexaenoic acid (DHA). Since the human body cannot make omega-3 fatty acids on its own, these essential nutrients must be obtained from food or supplementation.

Several recognized scientific studies have demonstrated that Omega-3 FAs are important in numerous signaling pathways. Most notably, EPA is a precursor of certain prostaglandins and leukotrienes, molecules that are involved in mediating healthy inflammatory responses, and lung function. Therefore, these two classes of signaling molecules are critical for the maintenance of cardiovascular health, immune system function, and joint comfort.\*

Because Omega-3 FAs have been shown to be important in cell membrane biochemistry, they play an critical role in information processing in the brain. This particular function of DHA is especially significant with respect to its role in the maintenance of a positive mental state and balanced mood.\*

### Cautions and Interactions

Omega-3 fatty acids may interact with aspirin or warfarin. In addition, Omega-3 fatty may interact with cholesterol lowering statin medications.

Omega-3 fatty acids may affect the metabolism of certain medications, including cyclosporine, and may also affect the efficacy of topical corticosteroid treatment.\*

### Guaranteed Quality

This is an FDA-regulated dietary supplement that is produced in an FDA- and third party-inspected facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods with capabilities that are state-of-the-art and exceed basic lab requirements.

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This product contains an Ageless® anti-oxygen packet to enhance protection during storage.