



Ultra Preventive[®] Forte-Chel[™] (Capsules)

A Dietary Supplement



**Douglas
Laboratories[®]**

210 Capsules

Supplement Facts

Serving Size 15 capsules • Servings Per Container 14

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A.....25,000 IU	500%	Riboflavin-5-Phosphate.....5 mg	*
(40% as Vitamin A Palmitate/ 60% [15,000 IU] as Beta-Carotene)		Choline (from 150 mg Choline Citrate/Bitartrate).....60 mg	*
Vitamin C (Ascorbic Acid).....3000 mg	5000%	Inositol.....100 mg	*
Vitamin D.....100 IU	25%	Citrus Bioflavonoid Complex 100 mg	*
Vitamin E.....800 IU	2667%	PABA.....50 mg	*
(as d-alpha Tocopheryl Succinate)		(Para-Aminobenzoic Acid)	
Thiamine (as Thiamine Mononitrate) 100 mg	6667%	Vanadium (from Vanadium Amino Acid Complex).....50 mcg	*
Riboflavin.....45 mg	2647%	Boron (from Boron Aspartate/ Citrate Complex).....3 mg	*
Niacinamide/Niacin.....190 mg	950%	Trace Elements (Mineral Complex from Sea Vegetation).....100 mcg	*
Vitamin B-6.....95 mg	4750%	L-Cysteine.....190 mg	*
Folic Acid.....800 mcg	200%	N-Acetyl-L-Cysteine.....10 mg	*
Vitamin B-12.....100 mcg	1667%	Glutamic Acid.....25 mg	*
Biotin.....300 mcg	100%	Betaine.....114 mg	*
Pantothenic Acid.....300 mg	3000%	(from 150 mg Betaine HCl)	*
(as Calcium Pantothenate)		Pyridoxine-5-Phosphate.....5 mg	*
Calcium (from Calcium Citrate/ Ascorbate Complex).....600 mg	60%	L-Taurine.....250 mg	*
Iodine (from Kelp).....200 mcg	133%	L-Carnitine.....200 mg	*
Magnesium (from Magnesium Aspartate/ Taurate/Ascorbate Complex).....600 mg	150%	N-Acetyl-L-Carnitine.....50 mg	*
Zinc (from Zinc Amino Acid Chelate) 30 mg	200%	L-Glutathione (reduced).....100 mg	*
Selenium (Organic Selenium from Selenium Amino Acid Complex) 200 mcg	286%	Coenzyme Q-10.....30 mg	*
Copper.....3 mg	150%	EDTA.....300 mg	*
(from Copper Amino Acid Chelate)		Garlic (bulb) (deodorized).....200 mg	*
Manganese (from Manganese Aspartate/Sulfate Complex).....20 mg	1000%	Ginkgo biloba (leaf).....40 mg	*
Chromium.....200 mcg	167%	Hawthorne (berry).....200 mg	*
(from Chromium Polynicotinate)		Cayenne (fruit).....50 mg	*
Molybdenum (from Molybdenum Amino Acid Complex).....100 mcg	133%	Ginger (root).....100 mcg	*
Potassium (from Potassium Aspartate/ Ascorbate Complex).....99 mg	2%	Bromelain.....1000 mcu	*
		Octacosanol.....1000 mcg	*

*Daily Value not established.

Other ingredients:
cellulose, gelatin, vege-
table stearate and silica.

Manufactured by:
Douglas Laboratories
Pittsburgh, PA 15205

This product contains
NO yeast, wheat gluten,
soy protein, milk/dairy,
corn, sodium, sugar,
starch, artificial coloring,
preservatives or flavoring.

Suggested Usage:

As a dietary supplement,
adults take 15 capsules
daily or as directed by
physician. This product
is best taken with meals.

**KEEP OUT OF REACH
OF CHILDREN.**

For optimal storage
conditions,
keep refrigerated
with lid tightly sealed
after opening.
Tamper resistant
package, do not use if
outer seal is missing.

Formula #83906