

Suggested Use

Adults take 2 capsules daily in the morning.
Best results obtained with long-term use.

Not to be used during pregnancy or lactation.
If you have a medical condition or take medications please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

The Gaia Difference

-  **Liquid potency, easy absorption**
Alcohol-free, Liquid Phyto-Caps™
U.S. Patent No. 6,238,696 B1
-  **100% vegetarian, dairy free, no gluten-containing ingredients**
Plant-derived capsule
-  **Laboratory tested for purity**
Free of heavy-metal toxicity



Chaste Tree

gaia
HERBS

Single Herbs

Vitex
Berry

Women's health support*

meetyourherbs®

Enter ID # at GaiaHerbs.com

 **VEGETARIAN LIQUID PHYTO-CAPS™**
DIETARY SUPPLEMENT

BEST BY:

Enter ID# at GaiaHerbs.com

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

AMOUNT PER SERVING

Calories 20

Chaste Tree berry ▲
(Vitex agnus-castus)
(3.0 mg† agnuside) 1,000 mg†

† Daily Value not established.

Other ingredients: Vegetable glycerin, capsule (vegetable cellulose)

▲ = Certified Organic Ingredient



gaia
HERBS

Gaia Herbs, Inc.,
101 Gaia Herbs Dr.,
Brevard, NC 28712
GaiaHerbs.com

[002] 1191-0911

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post consumer material. Our amber glass bottles contain at least 30% recycled content.



BEST BY:

[002] 1191-0911

Single Herbs

Individual herbs in their vibrant, natural form support each person uniquely.* Gaia Herbs' Single herbs contain concentrated extracts of an individual herb, to deliver nature's vitality to you.*

Vitex Berry

Healthy hormone levels are necessary for a woman's physical and emotional wellbeing. Chaste Tree berry, also known as Vitex, has long been used to support hormone production and balance.* Gaia Herbs uses certified organic Chaste Tree berry to provide a full spectrum herbal extract for women's health.

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-  **Liquid potency, easy absorption**
Alcohol-free Liquid Phyto-Caps™
U.S. Patent No. 6,238,696 B1
-  **100% vegetarian, dairy free, no gluten-containing ingredients**
Easily digestible plant-derived capsule
-  **Laboratory tested for purity**
Free of heavy-metal toxicity

gaia
HERBS

Single Herbs

Vitex
Berry

Women's health support*

Supports balanced hormones*
Chaste Tree berry extract

Full spectrum potency
3 mg Agnuside

meetyourherbs®

SEE BACK OF BOX TO LEARN HOW

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DIETARY SUPPLEMENT



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gaia | plant
HERBS | intelligence™

GAIA FARM
BREVARD, NC

Over 40 crops are grown each year on our certified organic farm. 250 fragrant acres of Valerian, Echinacea, Holy Basil, Hawthorn, Nettles, and more grace our valley. Each plant thrives naturally here, in one of the most fertile bioregions in the world.

meetyourherbs®

Track the life story of each herb in your bottle by entering its ID# at GaiaHerbs.com.

PURITY: Trace the origin of each herb back to its source.

INTEGRITY: See analytical results for this product.

POTENCY: Validate each herb's full phytochemical complex.