

Suggested Use

Take 1 capsule 2 times daily with meals.
Not to be used during pregnancy or lactation.
If you have a medical condition or take
pharmaceutical drugs, please consult with
your doctor before using this product. Keep
away from children. Use only as directed on
label. Safety sealed for your protection. Keep
bottle capped at all times and store in a cool
dry place. Natural separation may occur. This
does not affect product quality.

The Gaia Difference

-  **High potency, easy absorption**
Alcohol-free, Liquid Phyto-Caps™
U.S. Patent No. 6,238,696 B1
-  **100% vegetarian, dairy free,
no gluten-containing ingredients**
Plant-derived capsule
-  **Laboratory tested for purity**
Free of heavy-metal toxicity

Bilberry

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Promotes
healthy vision*

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DIETARY SUPPLEMENT
VEGETARIAN LIQUID PHYTO-CAPS™

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Supplement Facts

Daily Serving Size 2 Capsules
Servings Per Container 30

AMOUNT PER 2 CAPSULES

Calories 20

TOTAL ALCOHOL FREE EXTRACTS: 82 MG†

Bilberry berry (*Vaccinium myrtillus*) † 50 mg†

Grape seed (*Vitis vinifera*) † 20 mg†

Lutein 10 mg†

Astaxanthin 2 mg†

†Daily Value not established.

Other ingredients: Ascorbic acid, vegetable glycerin,
vegetable cellulose (capsule)

‡ = Ecologically Harvested

Each 2 capsules contain 3,600 mg crude herb equivalent.



gaia[®]
HERBS

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*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.