

Suggested Use

Take 2 capsules every 1-2 (waking) hours for up to 3 days, then reduce dose to 2 caps 3 times per day. Max time of use 2 weeks.

Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality

The Gaia Difference



High potency, easy absorption

Alcohol-free, Liquid Phyto-Caps™
U.S. Patent No. 6,238,696 B1



**100% vegetarian, dairy free,
no gluten-containing ingredients**

Plant-derived capsule



Laboratory tested for purity

Free of heavy-metal toxicity

Uva Ursi

gaia
HERBS

SystemSupport™

Urinary
Support

Supports healthy
urinary tract function*

meetyourherbs™

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DIETARY SUPPLEMENT
VEGETARIAN LIQUID PHYTO-CAPS™

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Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

AMOUNT PER 2 CAPSULES

Calories 20

TOTAL ALCOHOL FREE EXTRACTS: 960 mg†

PROPRIETARY SYNERGISTIC EXTRACT BLEND:

Uva-Ursi leaf ▲ (*Arctostaphylos uva-ursi*), Coptis root + (*Coptis chinensis*), Echinacea Supreme ▲ (*Echinacea purpurea* aerial parts, root and seed, *Echinacea angustifolia* root), Usnea lichen + (*Usnea* spp.)

†Daily Value not established.

Other ingredients:

Vegetable glycerin, vegetable cellulose (capsule)

▲ = Certified Organic Ingredient

+ = Ecologically Harvested

Each 2 capsules contain 2,096 mg crude herb equivalent.



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gaia
HERBS

Gaia Herbs, Inc.,
101 Gaia Herbs Dr.,
Brevard, NC 28712
GaiaHerbs.com

[004] 1240-0511

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.