

Suggested Use

Adults take 1-2 times daily with meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

The Gaia Difference

-  **Liquid potency, easy absorption**
Alcohol-free, Liquid Phyto-Caps™
U.S. Patent No. 6,238,696 B1
-  **100% vegetarian, dairy free, no gluten-containing ingredients**
Plant-derived capsule
-  **Laboratory tested for purity**
Free of heavy-metal toxicity

Turmeric

gaia[®]
HERBS

SystemSupport™

Turmeric Supreme

Supports heart, joint
& liver function*

meetyourherbs[®]

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VEGETARIAN LIQUID PHYTO-CAPS™
DIETARY SUPPLEMENT

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Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

AMOUNT PER SERVING

Calories 10

Turmeric root ▲ [Curcuma longa] 400 mg†
Turmeric root + [Curcuma longa] 40 mg†
(36 mg† curcumins from total ETOH Extract)

Turmeric root + Supercritical CO₂ Extract
(Curcuma longa) 33 mg†
(20 mg† turmerones from Supercritical Extract)

Black Pepper fruit + Supercritical CO₂ Extract
(Piper nigrum) 6.5 mg†

† Daily Value not established

Other ingredients: Vegetable glycerin, soy lecithin, capsule (chlorophyll vegetable cellulose)

▲ = Certified Organic Ingredient
+ = Ecologically Harvested



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Gaia Herbs, Inc.,
101 Gaia Herbs Dr.,
Brevard, NC 28712

GaiaHerbs.com

A63003
[004] 1191-1011

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.