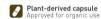
Suggested Use

Adults take 1 capsule 2 times daily between meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place.

The Gaia Difference









Made With Organic Triphala

DailyWellness"

Triphala Fruit

Healthy digestion & elimination*

meetvourherbs

Enter ID # at GaiaHerbs.com

Supplement Facts

Daily Serving Size 2 Capsules Servings Per Container 30

AMOUNT PER SERVING

Calories 4

Organic Triphala Fruit 1:1:1 A

(Phyllanthus emblica, Terminalia chebula,

Terminalia bellerical † Daily Value not established

1,000 mg+



Other ingredients: Capsule (vegetable cellulose) ▲ = Certified Organic Ingredient Each 2 capsules contain 1,000 mg dry herb equivalent.

Pala 101 Gaia Herbs Dr., Brevard, NC 28712 SHERRS www.gaiaherbs.com

Certified Organic by Oregon Tilth

