

gaia[®] plant
HERBS intelligence.™

SystemSupport™

Thyroid Support

Supports healthy
thyroid function*

SystemSupport™

Addressing the root cause of a systemic imbalance can restore your vitality. Gaia Herbs' SystemSupport™ products help naturally restore your body's harmony and balance.

Thyroid Support

The health of the thyroid gland impacts how you feel on a daily basis. Because it helps regulate metabolism, every major system in the body is affected by altered levels of thyroid hormones. Gaia Herbs' unique formula supports normal thyroid hormone production—helping you maintain optimal weight, neuromuscular tone, and cardiovascular health.*

The Gaia Difference

-  **High potency, easy absorption**
Alcohol-free Liquid Phyto-Caps™
U.S. Patent No. 6,238,696 B1
-  **100% vegetarian, dairy free, no gluten-containing ingredients**
Easily digestible plant-derived capsule
-  **Laboratory tested for purity**
Contains naturally-occurring marine iodine

gaia[®]
HERBS

SystemSupport™

Thyroid Support

Supports healthy
thyroid function*

Promotes a healthy metabolism*
Coleus forskohlii & natural iodine

Supports thyroid hormones*
L-Tyrosine: 300mg

meet your herbs[®]
SEE BACK OF BOX TO LEARN HOW

 **DIETARY SUPPLEMENT**
VEGETARIAN LIQUID PHYTO-CAPS™

Suggested Use

Take 2 capsules in the morning and 1 capsule in the evening between meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

Each 3 capsules contain 2,700 mg dry herb equivalent.

Supplement Facts

Daily Serving Size 3 Capsules
Servings Per Container 20

AMOUNT PER 3 CAPSULES

Calories	30
TOTAL ALCOHOL FREE EXTRACTS:	745 mg†
L-Tyrosine	300 mg†
Coleus root (Coleus forskohlii) ★	154 mg†
Ashwagandha root (Withania somnifera) ★	120 mg†
Schisandra Berry (Schisandra chinensis) ★	78 mg†
Kelp fronds (Laminaria digitata) ★	65 mg†
Bladderwrack fronds (Fucus vesiculosus) ★	28 mg†

VALIDATED FULL SPECTRUM PROFILE

Iodine from seaweed 0.15 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, soy lecithin, chlorophyll vegetable cellulose (capsule)

★ = Ecologically Harvested

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*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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GAIA FARM
BREVARD, NC

Over 40 crops are grown each year on our certified organic farm. 250 fragrant acres of Valerian, Echinacea, Holy Basil, Hawthorn, Nettles, and more grace our valley. Each plant thrives naturally here, in one of the most fertile bioregions in the world.

meet your herbs[®]

Track the life story of each herb in your bottle by entering its ID# at GaiaHerbs.com.

PURITY: Trace the origin of each herb back to its source.

INTEGRITY: See analytical results for this product.

POTENCY: Validate each herb's full phytochemical complex.



Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post consumer material. Our amber glass bottles contain at least 30% recycled content.



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BEST BY: