

Peel Here
for more information

Natural color variations may occur in this product.

Contains only 100% Natural Vitamin E.

Contains no sugar, salt, starch, wheat, gluten, corn, milk, egg, shellfish or preservatives.

Made in the U.S.A. www.protocolforlife.com

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431

Other ingredients: Softgel Capsule (gelatin, glycerin, water, carob), Soybean Oil, Beeswax and Soy Lecithin.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin E (as unesterified d-alpha Tocopherol)	400 IU	1330%
Selenium (from Selenium Yeast)	100 mcg	140%
†		
Natural Mixed Tocopherols (d-beta, d-gamma, d-delta)	80 mg	
† Daily Value not established.		

PROTOCOL
FOR LIFE BALANCE™

100% Natural E-400

- d-alpha with 20% Mixed Tocopherols
- 100 mcg of Selenium

10% of profits donated for health research

120 Softgels
A Dietary Supplement



SUGGESTED USAGE: As a dietary supplement, take one softgel daily, preferably with meals. For intensive use, take 1 softgel twice daily under the supervision of a health care practitioner.

Vitamin E is a major fat-soluble antioxidant.* It protects cell membranes and lipids against oxidation. Selenium is an essential trace mineral that has been added as a synergist to complement Vitamin E.

Protocol For Life Balance™ E-400 contains only natural Vitamin E tocopherols.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.



CODE P0906

V2

Vitamin E is essential for maintaining the integrity, function, and flexibility of cell membranes.* Vitamin E is also an important fat soluble antioxidant.* Fat soluble antioxidants help to prevent harmful substances, called free radicals, from attacking and damaging the cell membrane.*

This exceptional product contains Vitamin E (d-alpha tocopherol). Vitamin E is actually a family of eight antioxidants, four tocopherols (alpha, beta, gamma, and delta), and four tocotrienols (also alpha, beta, gamma, and delta). The Alpha-tocopherol is the form of Vitamin E that appears to have the greatest antioxidant potential, and is also the only form that meets the Recommended Dietary Allowance (RDA) for Vitamin E. The mixed natural tocopherols-beta, gamma and delta forms are also added for balance.

This formulation also contains Selenium. Because of recent farming methods, and soil pollution, Selenium is a mineral that has become increasingly more difficult to find naturally in foods. Selenium is an antioxidant which has recently received much interest for its reported role in contributing to a healthy immune system and its synergistic relationship with Vitamin E.*

Indicated for antioxidant protection.*

Cautions and Interactions

Adverse reactions to vitamin E supplementation at the suggested level of intake are very rare. The Institute of Medicine considers levels under 1,500 IU daily to be generally safe, which was confirmed by a major review in the American Journal of Clinical Nutrition (April 2005).

Guaranteed Quality

This is an FDA-regulated dietary supplement that is produced in an FDA- and third party-inspected facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed basic lab requirements.

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This product contains an Ageless® anti-oxygen packet to enhance protection during storage.