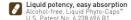
## Suggested Use

Adults take 1 capsule 3 times daily between meals.

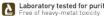
Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before using this product. Avoid excessive exposure to UV radiation (e.g. sunlight, tanning) when using this product. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

## The Gaia Difference



100% vegetarian, dairy free, no gluten-containing ingredients Plant-derived capsule

Laboratory tested for purity





Single Herbs

## St. John's Wort

Supports emotional health'

meetvourherbs

60 DIETARY SUPPLEMENT

## Supplement Facts

Daily Serving Size 3 Capsules

Calories 30

TOTAL ALCOHOL FREE EXTRACTS: 1.350 mat

St. John's Wort flowering tops and buds + (Hypericum perforatum)

VALIDATED FULL SPECTRUM PROFILE Hypericins . . . . . . . . . . . . . . . . 2.7 mg†

†Daily Value not established

Other ingredients: Vegetable glycerin, capsule (vegetable cellulose)

Each 3 capsules contain 2,250 mg dry herb equivalent.

+ = Ecologically Harvested

Brevard, NC 28712 GaiaHerbs com

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Servings Per Container 20 AMOUNT PER 3 CAPSULES