

Spirulina

One of the simplest forms of life on the planet, these blue-green algae are a storehouse of nutrients. Spirulina is a vegetarian source of vitamins, minerals, chlorophyll and essential fatty acids. Gaia Herbs tests each batch for purity and potency to insure absolute safety and validated wholefood nutrition.

Suggested Use

Adults take 2 tablets with a meal, twice per day for a total of 4 tablets per day.

If you have a medical condition or take medications please consult with your doctor before using this product. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning of children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

Spirulina tablets

gaia[®]
ORGANICS



DailyWellness™

Spirulina

Nutrient-rich botanical
superfood

meetyourherbs[®]

Enter ID # at GaiaHerbs.com

● 180

TABLETS
DIETARY SUPPLEMENT

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Supplement Facts

Serving Size 2 Tablets

Servings Per Container 90

	Amount Per Serving	% Daily Value††
Calories	4	
Carbohydrates	<1 g	<1%
Protein	<1 g	<1%
Sodium	5 mg	<1%
Vitamin A (as Beta-Carotene)	2,500 IU	50%
Vitamin B-12	2 mcg	33%
Iron	400 mcg	2%
Spirulina Algae ▲ (Arthrospira spp.)	1 g	†
Gamma Linolenic Acid (GLA)	6 mg	†
Total Carotenoids	4 mg	†
Zeaxanthin	1 mg	†
C-Phycocyanin	170 mg	†
Chlorophyll	13 mg	†

† Daily Value not established. †† Percent daily values are based on a 2,000 calorie diet.

▲ = Certified Organic Ingredient

Certified Organic by Oregon Tilth



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HERBS

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