



Ocu-Min Forte™

A Dietary Supplement



**Douglas
Laboratories®**

90 Tablets

Supplement Facts

Serving Size 6 tablets • Servings Per Container 15

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (17% as Vitamin A 30,000 IU 600% Palmitate/83% [24,900 IU] as Beta- Carotene from Dunaliella salina, a natural source, providing Beta-Carotene, Alpha Carotene, Zeaxanthin, Cryptoxanthin and Lutein)		Selenium 200 mcg 286% (as Selenomethionine)	
Vitamin C 500 mg 833%		Copper (from Copper Sebecate) 3 mg 150%	
Vitamin E (as d-alpha Tocopheryl) 400 IU 1333%		Manganese 3 mg 150%	
Thiamine (as Thiamine HCl) 50 mg 3333%		L-Taurine 500 mg *	
Riboflavin (as Riboflavin HCl) 50 mg 2941%		Quercetin Bioflavonoid 300 mg *	
Niacin/Niacinamide 110 mg 550%		N-Acetyl-L-Cysteine 250 mg *	
Vitamin B-6 (as Pyridoxine HCl) 50 mg 2500%		Milk Thistle (seed) 100 mg *	
Folic Acid 200 mcg 50%		(providing Silymarin)	
Vitamin B-12 100 mcg 1667%		Bilberry Extract (fruit) 80 mg *	
Pantothenic Acid 150 mg 1500%		Ginkgo Biloba Extract (leaf) 60 mg *	
Calcium (from Calcium Citrate) 100 mg 10%		L-Glutathione (reduced) 50 mg *	
Magnesium (from Magnesium Citrate) 200 mg 50%		Green Tea (leaf) 50 mg *	
Zinc (from Zinc Picolinate) 30 mg 200%		Proanthocyanidins 25 mg *	
		Rutin 15 mg *	
		Hesperidin 10 mg *	
		*Daily Value not established.	

Other ingredients: Cellulose, silica and vegetable stearate.

Manufactured by: **Douglas Laboratories**
Pittsburgh, PA 15205 • www.douglaslabs.com

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage:

As a dietary supplement, adults take 6 tablets daily or as directed by physician. This product is best taken with meals.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.



Formula #83001