

Suggested Use

Take 2 capsules 2 hours before bed. For additional support, enjoy with a cup of Sleep & Relax Herbal Tea.

*Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped and store in a cool, dry place. Avoid alcohol and do not drive or operate machinery while taking this product.*

BEST BY:

LOT NO:



meet your herbs[®]
ID# 00075700

Passionflower

gaia[®]
HERBS

DailyWellness™

Sleep & Relax

meet your herbs[®]

Enter ID # at GaiaHerbs.com

50 CAPSULES DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 25

	Amount Per Serving	%Daily Value
Passionflower leaf ♦ (<i>Passiflora incarnata</i>) multi-fraction freeze-dried extract (Passiflo2-LMF)	386 mg	†
Valerian root ♦ (<i>Valeriana officinalis</i>) freeze-dried extract and powder (WPC**)	290 mg	†
Proprietary Blend	290 mg	†
Lemon balm leaf freeze-dried extract and powder ♦ (WPC**) (<i>Melissa officinalis</i>); California Poppy flower tops freeze-dried extract and powder ♦ (WPC**) (<i>Eschscholzia californica</i>); Lavender flowers (<i>Lavandula angustifolia</i>) essential oil; Marjoram (<i>Origanum majorana</i>) essential oil.		

†Daily Value not established. **Whole Phytocomplex Concentrate

Other ingredients: Vegetable cellulose (capsule) ♦ = Organic ingredient according to EU Reg. CE n° 834/07

EUROPEAN
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Product of Italy.
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Gaia Herbs by
Aboca S.p.A. - Italy.
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