

Suggested Use

Take 1 capsule 3 times daily between meals.
Maximum time of use: one month.

Caution: US FDA advises that a potential risk of rare, but severe, liver injury may be associated with kava-containing dietary supplements. Do not take if you have or have had liver problems, drink alcohol or take any medications. If you have a medical condition, use under the advice of a health practitioner. Stop use and see a doctor if you develop symptoms that may signal liver problems, including jaundice (yellowing of the skin or whites of the eyes) and brown urine. Other nonspecific symptoms can include nausea, vomiting, light-colored stools, unexplained tiredness, weakness, stomach or abdominal pain, and loss of appetite. Not for use by persons under 18 years of age, or by pregnant or breastfeeding women. Not for use with alcoholic beverages. Excessive use, or use with products that cause drowsiness, may impair your ability to operate a vehicle or heavy equipment. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.



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DIETARY SUPPLEMENT
VEGETARIAN LIQUID PHYTO-CAPS™

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Supplement Facts

Daily Serving Size 3 Capsules
Servings Per Container 20

AMOUNT PER 3 CAPSULES

Calories per serving 30

TOTAL ALCOHOL FREE EXTRACTS: 1,080 mg†

PROPRIETARY SYNERGISTIC EXTRACT BLEND:

American Skullcap herb fresh ▲ (*Scutellaria lateriflora*), Passionflower flowering vine ▲ (*Passiflora incarnata*), Kava Kava root + (*Piper methysticum*), Wild Oats milky seed fresh ▲ (*Avena sativa*), Chamomile flowers ▲ (*Matricaria recutita*), Mugwort herb ▲ (*Artemisia vulgaris*), Hops strobiles ▲ (*Humulus lupulus*), Peppermint leaf ▲ (*Mentha piperita*)

†Daily value not established

Other ingredients: Vegetable Glycerin, capsule (vegetable cellulose)

▲ = Certified Organic Ingredient + = Ecologically Harvested

Each 3 capsules contain 3,437 mg dry herb equivalent.

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Gaia Herbs, Inc.,
101 Gaia Herbs Dr.,
Brevard, NC 28712

GaiaHerbs.com

[006] 1240-0711



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.