

Suggested Use

Take 1 capsule 2 times daily between meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

The Gaia Difference

-  **High potency, easy absorption**
Alcohol-free, Liquid Phyto-Caps™
U.S. Patent No. 6,238,696 B1
-  **100% vegetarian, dairy free, no gluten-containing ingredients**
Plant-derived capsule
-  **Laboratory tested for purity**
Free of heavy-metal toxicity

Saw Palmetto



gaia[®]
HERBS

Single Herbs

Saw
Palmetto

Supports healthy
prostate function*

meetyourherbs™
Enter ID # at GaiaHerbs.com

 60 DIETARY SUPPLEMENT
VEGETARIAN LIQUID PHYTO-CAPS™

Enter ID# at GaiaHerbs.com BEST BY

Supplement Facts

Daily Serving Size 2 Capsules
Servings Per Container 30

AMOUNT PER 2 CAPSULES

Calories 20

ALCOHOL FREE CONCENTRATED EXTRACT OF:

Saw Palmetto berry, Supercritical CO₂
extract (*Serenoa repens*) † 376 mg†

VALIDATED FULL SPECTRUM PROFILE

Fatty acids (from Saw Palmetto berry) ... 320 mg†

Fatty acids from Soy Lecithin 300-500 mg†

†Daily Value not established.

Other ingredients:

Soy lecithin, vegetable cellulose (capsule).

† = Ecologically Harvested

Each 2 capsules contain 2,000 mg herb equivalent.



gaia[®]
HERBS

Gaia Herbs, Inc.,
101 Gaia Herbs Dr.,
Brevard, NC 28712
GaiaHerbs.com

[04] 1010-0210

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.