

Suggested Use

Adults take 1 capsule 2 times daily between meals.

*Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

The Gaia Difference



Liquid potency, easy absorption
Alcohol-free, Liquid Phyto-Caps™
U.S. Patent No. 6,238,696 B1



**100% vegetarian, dairy free,
no gluten-containing ingredients**
Plant-derived capsule



Laboratory tested for purity
Free of heavy-metal toxicity

Rhodiola Rosea

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HERBS

Single Herbs

Rhodiola
Rosea

Supports a healthy
response to stress*

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VEGETARIAN LIQUID PHYTO-CAPS™
DIETARY SUPPLEMENT

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Supplement Facts

Daily Serving Size 2 Capsules

Servings Per Container 30

AMOUNT PER SERVING

Calories 20

Siberian Rhodiola root †

(*Rhodiola rosea*)

(12 mg† rosavins)

240mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, capsule
(vegetable cellulose)

† = Ecologically Harvested

Each 2 capsules contain 2,000 mg dry herb equivalent.



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HERBS

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*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.