



Longevity Support Pack

A Dietary Supplement



**Douglas
Laboratories®**

30 Packs

Supplement Facts

Serving Size 1 Pack (4 Tablets / 4 Capsules / 3 Capliques™** / 1 Softgel per pack) • Servings Per Container 30

Amount Per Serving	%DV†	Amount Per Serving	%DV†
Calories	9	Ultra-Pure Fish Oil Concentrate	250 mg *
Calories from fat	9	(providing 95 mg EPA and 50 mg DHA)	250 mg *
Total Fat	1 g	Avocado oil	250 mg *
Total Carbohydrates	<1%	Olive juice extract (HIDROX®)	200 mg *
Sugars	<1 g	(fruit, standardized to 6% polyphenols and 2.5% hydroxytyrosol)	200 mg *
Protein	<1%	Natural Coenzyme Q10	100 mg *
Vitamin A (33% as Vitamin A Palmitate [2,475 IU]/67% [5,025 IU] as Natural Beta-Carotene) from D, Salina with full spectrum carotenoids†††	150%	Alpha-Lipoic Acid	100 mg *
Vitamin C (as Ascorbic Acid/Ascorbyl Palmitate/Calcium and Magnesium Ascorbate complex)	2,833%	Muscadine grape powder (seed and skin)	100 mg *
Vitamin D-3	50%	Betaine (from 75 mg Betaine HCl)	57 mg *
Vitamin E (natural, as d-alpha tocopheryl plus mixed tocopherols)	2,023%	Blueberry (fruit)	50 mg *
with mixed tocopherols providing a minimum of:		Garlic (bulb, Pure-Gar®, odorless)	50 mg *
Gamma-tocopherol	280 mg *	Broccoli (entire plant)	50 mg *
Beta and Delta-tocopherols	40 mg *	Cauliflower (entire plant)	50 mg *
Thiamine	3,333%	Spirulina	50 mg *
Riboflavin	1,471%	Chlorella (broken cell wall)	50 mg *
Niacin/Niacinamide	475%	Green Papaya Extract (fruit)	50 mg *
Vitamin B-6 (as Pyridoxine HCl/Pyridoxal-5-Phosphate Complex)	2,500%	Rose Hips	50 mg *
Folic Acid	100%	Lemon Bioflavonoids	50 mg *
Vitamin B-12 (as cyanocobalamin/methylcobalamin complex)	2,083%	Inositol	50 mg *
Biotin	50%	Choline (from 75 mg Choline Citrate/Bitartrate)	30 mg *
Pantothenic Acid (as d-Calcium Pantothenate)	2,500%	Mixed Tocotrienols (from palm)	25 mg *
Calcium (as Calcium Citrate/Ascorbate Complex) ..	250 mg	PABA (para-aminobenzoic acid)	25 mg *
Iodine (from Kelp)	100 mcg	Green Tea Extract (leaf)	25 mg *
Magnesium (as Magnesium Aspartate/Ascorbate Complex)	250 mg	Sprouted Barley Juice (entire plant)	25 mg *
Zinc (as Zinc Amino Acid Chelate)	13 mg	Wheat Grass Juice (gluten free, entire plant)	25 mg *
Selenium (as Selenium Krebs††/Kelp complex) ..	143%	Beet Extract (root)	25 mg *
Copper (as Copper Amino Acid Chelate)	1 mg	Apple Pectin (fruit)	25 mg *
Manganese	5 mg	Red Wine Proanthocyanidins/Pine Bark Extract (OPC 85) (J.Mesquellier U.S. Patent No. 4,698,360)	25 mg *
Chromium (Organically bound with GTF activity—low allergenicity)	100 mcg	Pomegranate extract (fruit, standardized to 40% punicosides)	25 mg *
Molybdenum (as Molybdenum Krebs††)	50 mcg	Bromelain (2,000 GDU/g)	25 mg *
Potassium (as Potassium Aspartate Complex)	50 mg	Hesperidin	18 mg *
N-Acetyl L-Cysteine / L-Cysteine	575 mg *	Broccoli concentrate (seed, standardized to 10% glucoraphanin)	15 mg *
Proprietary Blend	700 mg *	Rutin	13 mg *
Kale (leaf), Spinach (leaf), Carrot (root), Radish (root), Celery (leaf and stalk), Apricot (fruit), Blackberry (fruit), Cranberry (fruit), Grape (fruit), Pineapple (fruit), OxyPhyte® Standardized White Tea Extract (leaf, minimum 90% polyphenols), OxyPhyte® Fruit Blend (apple and pomegranate extracts, fruit) and VitaBlue™ Wild Blueberry Extract (fruit)	500 mg *	Glutamic Acid (from 12.5 mg Glutamic Acid HCl)	10 mg *
Organic, cold-pressed, extra virgin Tunisian olive oil	500 mg *	L-Methionine	6 mg *
		Lutein (natural)	3 mg *
		Lycopene (from LYC-O-MATO®)	3 mg *
		Boron (as Boron Aspartate/Citrate complex)	6.75 mg *
		Zeaxanthin	0.5 mg *
		Trace Elements (from Sea Vegetation)	approx. 50 mcg *
		Vanadium (as Vanadium Krebs††)	25 mcg *

*Daily Value not established.

†Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Cellulose, gelatin (capsule, from fish and bovine), vegetable stearate, silica, glycerin, water, rosemary extract, mixed tocopherols, ascorbyl palmitate, citric acid, hydroxypropyl methylcellulose (vegetarian capsules) medium chain triglycerides, polysorbate 80, polyglycerol fatty acid esters and citrus oil extract (*Citrus sinensis*, peel).

††Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

†††Including Beta-Carotene, Alpha-Carotene, Zeaxanthin, Cryptoxanthin and additional Lutein and Lycopene.

Each Pack Contains:

Four oval shaped, coated, olive green Ultra Preventive® X tablets with dark specks

Two clear, reddish-brown Mediterranean Forte Capliques™**

One yellow, oblong Tri-En-All 400 softgel capsule

One natural, gelatin C-1000 capsule containing white powder

One natural, gelatin Lipoic Acid capsule containing off-white to yellow powder

One natural, vegetarian N-Acetyl L-Cysteine capsule containing white powder.

One natural, rust colored FruiTEA-Max™ vegetarian capsule

One semi-solid orange Citrus Solu-Q Caplique™**

This product contains NO yeast, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage:

As a dietary supplement, adults take 1 pack daily with meals or as directed by your healthcare professional.

** A Caplique™ is a liquid-filled, two piece capsule sealed with a band.

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LYC-O-MATO® is a registered trademark of LycoRed Ltd.



OxyPhyte® is a registered trademark of RFI Ingredients.

VitaBlue™ is a trademark of FutureCeuticals.

Healthcare Professionals worldwide
recommend Douglas Laboratories;
learn why at www.whydouglas.com

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place.

(59°-77°F/15°-25°C) (35-65% relative humidity)

Tamper resistant package, do not use if outer seal is missing.

Manufactured in the USA by: **Douglas Laboratories**
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