

Peel Here
for more information

Store in a cool, dry place. Please Recycle.

Do Not Eat Freshness Packet. Keep in Bottle.
Vegetarian/Vegan Product.

Contains no sugar, salt, starch, yeast, wheat, gluten, soy, milk, egg, shellfish or preservatives.

Made in the U.S.A. www.protocolforlife.com

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431

Other ingredients: Fructose, Sorbitol, Cellulose, Stearic Acid

(vegetable source), Citric Acid, Natural Flavors and Magnesium

Stearate (vegetable source).

Supplement Facts

Serving Size 1 Lozenge

	Amount Per Serving	% Daily Value
Vitamin B ₁₂ (as Methylcobalamin)	1.0 mg (1,000 mcg)	16,700%

PROTOCOL
FOR LIFE BALANCE™

Methyl B₁₂

1,000 mcg Methylcobalamin

- Advanced CoEnzyme Form
- Homocysteine Regulator*

10% of profits donated for health research
100 Lozenges

A Dietary Supplement Vegetarian Formula



SUGGESTED USAGE: As a dietary supplement, take one lozenge 1 to 2 times daily. Chew lozenge or hold in mouth until dissolved. Take higher amounts on the advice of your health care practitioner.

Vitamin B₁₂ is an essential nutrient that cannot be synthesized by animals or plants, only by micro-organisms. Most of B₁₂'s benefits are related to its co-enzyme activity, such as enzymes needed for the production of DNA during cell division.* It is also necessary for the methylation of homocysteine, a harmful by-product of protein metabolism.* B₁₂ is necessary for the maintenance of a healthy nervous system.* Methylcobalamin is better absorbed and retained than other forms of B₁₂.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.



CODE P0495

V2

Vitamin B₁₂ (often referred to as cobalamin) is an essential nutrient. It is critical for nervous system function, assists in the production of red blood cells, and is important in DNA and RNA production (the genetic material).*

Veganism may be at risk of B₁₂ deficiency because this vitamin is naturally found in foods that come from animals, including fish, meat, poultry, eggs, and dairy products. Despite the variety of food and food products, vegetarians are the only producers of B₁₂, and its derivatives, and humans depend on them—directly or indirectly—for this essential vitamin, which cannot be synthesized. Dietary supplements of B₁₂ are produced by natural fermentation, and this vitamin can be produced by healthy soil and fed bacteria. Most forms of the (except for some higher classes of plants) depend on B₁₂ from these sources.

Protocol For Life Balance™ Methyl B₁₂ is provided in the biologically active coenzyme form to maximize the body's utilization of this product. B₁₂ coenzymes are cofactors in various important enzymatic reactions.* Methylcobalamin is especially important for the maintenance and repair of neural tissue in the brain and nerves.* The methyl group present in this form of B₁₂ can also aid in methylation, an important mechanism for detoxifying certain substances, such as homocysteine.*

Cautions and Interactions

Generally well tolerated even at high levels of intake.

Guaranteed Quality

This is an FDA-regulated dietary supplement that is produced in an FDA- and third party-inspected facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods with capabilities that are state-of-the-art and exceed basic lab requirements.

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This product contains an Aqualox® anti-oxidant packet to enhance protection during storage.