PROTOCOL
FOR LIFE BALANCE™

CoEnzyme B Complex

With Alpha-Lipoic Acid and CoQ_{10}

• Supports Healthy Nervous System*
• Superior Utilization*

10% of profits donated for health research

GMP

ENTERIC COATED

60 Tablets
A Dietary Supplement
Vegetarian Formula

Supplement Facts

Serving Size 2 Tablets Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin C (from Magnesium Ascorbate)	60 mg	100%
Vitamin B-1 (from Thiamine HCl and Cocarboxylase)	50 mg	3330%
Riboflavin (as Riboflavin and from Riboflavin-5-Phosphate Sodium)	50 mg	2940%
Vitamin B-3 (from Inositol Hexanicotinate and NAA)	50 mg	250%
Vitamin B-6 (from Pyridoxine HCl and P-5-P Monohydrate)	50 mg	2500%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B-12 (as Methylcobalamin and Dibencoside)	250 mcg	4170%
Biotin	300 mcg	100%
Vitamin B-5 (from Calcium d-Pantothenate and Pantethine)	50 mg	500%
Betaine	50 mg	†
Alpha Lipoic Acid	50 mg	†
Choline (from Choline Bitartrate)	25 mg	†
PABA (Para-aminobenzoic Acid)	25 mg	†
Inositol (from Inositol Hexanicotinate and Hexaphosphate)	15 mg	†
CoQ10 (Coenzyme Q10)	500 mg	†

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other Ingredients: Cellulose, Enteric Coating, Silica, Croscarmellose Sodium and Magnesium Stearate (vegetable source).
Manufactured by NHG, Sparks, NV 89431 Made in the U.S.A. www.protocolforlife.com
Contains no sugar, salt, starch, yeast, wheat, gluten, soy, milk, egg, shellfish or preservatives.

Peel Here
for more information

SUGGESTED USAGE: As a dietary supplement, take 1 tablet 1-2 times daily.

B Complex Vitamins are needed by the body for energy production, synthesis of hormones and blood cells, healthy nervous system function, and numerous other metabolic processes.* The forms of the B Vitamins found in foods and most supplements, however, are not readily utilized by the body. They require conversion into their active forms before they can perform their functions as cofactors in biochemical reactions Co-Enzyme B-Complex contains B Vitamins already in their active or "Coenzyme" forms. This enables the body to use them more quickly and efficiently because, once absorbed, they are transported directly to their site of action, requiring no conversion. Co-Enzyme B-Complex tablets are enteric coated to enhance bioavailability and delivery to intestinal absorption sites intact, unharmed by stomach acids.*

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Do Not Eat Freshness Packet. Keep in Bottle. Vegetarian/Vegan Product.
Natural color variations may occur in this product.
Store in a cool, dry place. Please Recycle.

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The B complex vitamins are a family of 8 vitamins and a few related compounds, each performing unique and separate functions in the body. The B vitamins are water soluble, and with the exception of B_{12}, are not stored in the body. Therefore, B complex vitamins must be consumed daily for optimal health. B vitamins are best known for their function as cofactors in cellular energy production.

Although these vitamins are chemically distinct, B vitamins often work together in biochemical systems. As a group, the B vitamins have a broad range of functions, being essential for the proper operation of the endocrine glands, especially the adrenals and the thyroid.* B vitamins are also important for the production of neurotransmitters, as well as the general health of the nervous system.* Some B vitamins maintain healthy red blood cells, support immune function, regulate cell growth, aid in hormone production, and help maintain healthy skin, hair, and nails.*

Protocol For Life Balance™ Co-Enzyme B-Complex contains B Vitamins already in their "Coenzyme" forms. Because there is no need for conversion into their biologically active forms, the body can use them more quickly and efficiently than traditional B vitamins. Our Co-Enzyme B-Complex tablets are made with an enteric coating. This means they will not be damaged by stomach acid for maximum bioavailablity.*

Cautions and Interactions

B Vitamins may interfere with the absorption and utilization of certain antibiotics, such as tetracycline and sulfa drugs. Also, B Vitamins may interact with some chemotherapy agents and they should only be used concurrently under the supervision of a physician. People taking insulin, metformin, glyburide, glipizide, or other medications used to treat high blood sugar levels should monitor their blood sugar levels closely when taking B Vitamin supplements.

B Vitamins may affect treatment with tricyclic antidepressants. In addition, because many pharmaceutical medications increase the need for B Vitamins, it is advisable to consult your practitioner for details regarding these types of interactions.

Guaranteed Quality

This is an FDA-regulated dietary supplement that is produced in an FDA- and third party-inspected facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed basic lab requirements.

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This product contains an Ageless® anti-oxygen packet to enhance protection during storage.