

Peel Here
for more information

Store in a cool, dry place. Please Recycle.

Do Not Eat Freshness Packet. Keep In Bottle.

Contains no sugar, salt, starch, yeast, wheat, gluten, soy,

milk, egg, shellfish or preservatives.

Made in the U.S.A. www.protocolforlife.com

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431

Other ingredients: Olive Oil and Softgel Capsule (gelatin,

glycerin, water).

Vitamin D₃ (as Cholecalciferol) 5,000 IU 1250%

Amount % Daily Value

Per Serving

Serving Size 1 Softgel

Supplement Facts



120 Softgels

A Dietary Supplement

PROTOCOL
FOR LIFE BALANCE™

Natural D₃

**5,000 IU
Highest Potency**

- Helps Maintain Strong Bones*
- Supports Dental Health*

10% of profits donated for health research

SUGGESTED USAGE: As a dietary supplement, take 1 softgel every 3 days with a meal, or as directed by your health care practitioner.

Do not exceed the recommended dose. Consult your health care practitioner if you have any kidney disorders, hypercalcemia, are taking any medications, or are pregnant/nursing. Keep out of reach of children.

Vitamin D₃ softgels supply this key vitamin in a highly-absorbable liquid softgel form. Vitamin D is normally obtained from the diet or produced by the skin from the ultraviolet energy of the sun. However, it is not abundant in food. As more people avoid sun exposure, Vitamin D supplementation becomes even more necessary to ensure that your body receives an adequate supply.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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This product contains an Arginine® anti-oxidant pack-
et to enhance procedure during storage.

Vitamin D is naturally produced in the skin as a result of exposure to UV light. From the sun. However, the use of sunscreen, sitting, producers of sun exposure, and living in the northern latitudes can significantly reduce vitamin D production by the body. Vitamin D can also be derived through the diet and some sources include fatty fish, egg yolk, and fortified dairy products.

The major biologic function of vitamin D is to maintain healthy blood levels of calcium and phosphorus.* By promoting calcium absorption, Vitamin D helps to form and maintain strong bones.* Vitamin D also works to interact with a number of other vitamins, minerals, and hormones to promote bone mineralization.* In addition, Vitamin D plays an important role in immune function, helps to regulate cell growth and differentiation.*

Indicated for support of bone health and proper cell division.*

Cautions and Interactions

Although the Upper Limit for Vitamin D supplementation is 2,000 IU per day, comprehensive research reviews demonstrate that dosages up to 10,000 IU per day are safe. However, large doses of supplemental Vitamin D should be taken only under the supervision of a health-care professional. In addition, supplemental Vitamin D should be used cautiously by those taking diuretics or any other cardiac glycosides, as well as by anyone with hypocalcemia.

Guaranteed Quality

This is an FDA-regulated dietary supplement that is produced in an FDA- and third party-inspected facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and molecular biological testing methods, with capabilities that are state-of-the-art and exceed basic lab requirements.