

Peel Here
for more information

Store in a cool, dry place. Please Recycle.
Do Not Eat Freshness Packet. Keep in Bottle.

soy, milk, egg, shellfish or preservatives.

Contains no sugar, salt, starch, wheat, gluten,

Made in the U.S.A. www.protocolforlife.com

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431

Other ingredients: Rice Bran Oil, Softgel Capsule (gel-

atin, glycerin, water).

Vitamin D-3 (as Cholecalciferol) 2000 IU 500%

Amount % Daily
Per Serving Value

Serving Size 1 Softgel

Supplement Facts



120 Softgels

A Dietary Supplement

10% of profits donated for health research

- Helps Maintain Strong Bones*
- Supports Dental Health*

**2,000 IU
High Potency**

PROTOCOL
FOR LIFE BALANCE™

Natural D3

SUGGESTED USAGE: As a dietary supplement, take one softgel daily with a meal.

Vitamin D₃ softgels supply this key vitamin in a highly-absorbable liquid softgel form. Vitamin D₃ is converted by the kidneys into the hormone calcitriol, the activated form of Vitamin D. Vitamin D is normally obtained from the diet or produced by the skin from the ultraviolet energy of the sun. However, it is not abundant in food. As more people avoid sun exposure, Vitamin D supplementation becomes even more necessary to ensure receiving an adequate supply. Vitamin D enhances the uptake of calcium from the diet, is necessary for bone health, regulates immune actions and supports healthy cell division.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Vitamin D is normally produced in the skin as a result of exposure to UV light from the sun. However, the use of sunscreens, aging, avoidance of sun exposure, and living in the northern latitudes can significantly reduce vitamin D production by the body. Vitamin D can also be obtained through the diet and some sources include fatty fish, egg yolk, and fortified dairy products.

The major biologic function of vitamin D is to maintain healthy blood levels of calcium and phosphorus.* By promoting calcium absorption, Vitamin D helps to form and maintain strong bones.* Vitamin D also works in concert with a number of other vitamins, minerals, and hormones to promote bone mineralization.* In addition, Vitamin D plays an important role in immune function, helps to regulate cell growth and differentiation.*

Indicated for support of bone health and growth or cell division.*

Cautions and Interactions

The recognized upper limit for vitamin D supplementation is 2000 IU per day. Supplemental vitamin D should be used cautiously in those on digoxin or any cardiac glycoside or suffering from hypocalcemia.

Guaranteed Quality

This is an FDA-regulated dietary supplement that is produced in an FDA- and third party-inspected facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed basic lab requirements.

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This product contains an Argelact® and oxygen packets to enhance protection during storage.



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