

PROTOCOL
FOR LIFE BALANCE™

D₃ 1,000 IU

- Enhances calcium absorption
- Supports bone and dental health
- Regulates immune function*

10% of profits donated for health research

120 Softgels

A Dietary Supplement



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Vitamin D ₃ (as Cholecalciferol)	1,000 IU 100%

Other ingredients: Rice Bran Oil, Softgel Capsule (gelatin, glycerin, water) and Corn Oil.

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431

Made in the U.S.A. www.protocolforlife.com

Contains no sugar, salt, starch, yeast, soy, milk, egg, shellfish or preservatives.

Store in a cool, dry place. Please Recycle.

Peel Here
for more information

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CODE P0365

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*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USAGE: As a dietary supplement, take 1 softgel daily with a meal, or as directed by a health care practitioner.

Vitamin D enhances the uptake of calcium from the diet, is necessary for bone and dental health, regulates immune activity and supports healthy cell division. Recent research indicates that Vitamin D also may play an important role in supporting cardiovascular health.*

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This is an FDA-regulated dietary supplement that is produced in an FDA- and third party-inspected facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed best lab requirements.

Guaranteed Quality

The current upper limit for Vitamin D is 2000 IU daily. Though recent safety reviews have suggested a five-fold increase is warranted. Supplemental vitamin D should be used cautiously in those on allopurinol or any cardiac glycoside or suffering from hypercalcemia. Drugs that may interact with vitamin D include the loop diuretics, furosemide and related drugs, phenothiazines, phenytoin, and antacids with aluminum. Pregnant/nursing women should consult a physician before use. Side effects are rare in healthy adults with intakes below 2,400 IU daily.

Cautions and Interactions

Vitamin D enhances the uptake of calcium from the diet. It is necessary for bone and dental health, regulates immune activity and supports healthy cell division. Recent research indicates that Vitamin D also may play an important role in supporting cardiovascular health. Mechanisms include the inhibition of vascular smooth muscle proliferation, the suppression of vascular calcification, the down regulation of pro-inflammatory cytokines, the up regulation of anti-inflammatory cytokines, and the action of vitamin D as a negative endocrine regulator of the renin-angiotensin system in order to regulate vasoconstriction, arterial flow and overall repair of arterial tissue.*

Vitamin D is widely supplied in the diet, but in a high-latitude, high-latitude region, such as the Arctic, it is deficient. It is necessary for bone and dental health, regulates immune activity and supports healthy cell division. Recent research indicates that Vitamin D also may play an important role in supporting cardiovascular health. Mechanisms include the inhibition of vascular smooth muscle proliferation, the suppression of vascular calcification, the down regulation of pro-inflammatory cytokines, the up regulation of anti-inflammatory cytokines, and the action of vitamin D as a negative endocrine regulator of the renin-angiotensin system in order to regulate vasoconstriction, arterial flow and overall repair of arterial tissue.*