

Suggested Use

Adults take 2 capsules once per day.
Not to be used during pregnancy or lactation.
If you have a medical condition or take medications please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

The Gaia Difference

- Liquid potency, easy absorption
Alcohol-free Liquid Phyto-Caps®
U.S. Patent No. 6,238,696 B1
- 100% vegetarian, dairy free,
no gluten-containing ingredients
Plant-derived capsule
- Laboratory tested for purity
Free of heavy-metal toxicity

Japanese Knotweed

gaia
HERBS

DailyWellness™

Resveratrol
150

Provides antioxidant &
cardiovascular support*

meetyourherbs®

Enter ID # at GaiaHerbs.com

250 VEGETARIAN LIQUID PHYTO-CAPS™
DIETARY SUPPLEMENT

Enter ID# at GaiaHerbs.com

Supplement Facts

Daily Serving Size 2 Capsules
Servings Per Container 25

AMOUNT PER SERVING

Calories 20

Japanese Knotweed root extract †
(*Polygonum cuspidatum*) 372 mg†

Resveratrol † (50% trans-Resveratrol)
(150 mg† trans-Resveratrol) 300 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, capsule (vegetable cellulose)

† = Ecologically Harvested

Gaia Herbs' Resveratrol 150 provides 150 mg trans-Resveratrol per daily dose, a similar content found in 60 bottles of red wine (based on a mean calculation of 2.5 mg Resveratrol per bottle).



gaia
HERBS

Gaia Herbs, Inc.
101 Gaia Herbs Dr.,
Brevard, NC 28712
GaiaHerbs.com

ED1001
3008 1411-0212



Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post consumer material. Our amber glass bottles contain at least 30% recycled content.



BEST BY:

ED1001
[005] 1411-0212

DailyWellness™

Longevity and vitality come naturally when your body is in a state of harmony. Gaia Herbs' DailyWellness™ products promote optimal wellness by giving you the daily support you need.*

Resveratrol 150

The phytochemical resveratrol has garnered considerable scientific attention for its potential to support healthy blood vessel function and promote heart health.* Made with ecologically harvested Japanese Knotweed, Gaia Herbs' Resveratrol 150 provides 150 mg trans-Resveratrol per daily dose, a similar content to that found in 60 bottles of red wine.††

The Gaia Difference

- Liquid potency, easy absorption
Alcohol-free Liquid Phyto-Caps™
U.S. Patent No. 6,238,696 B1
- 100% vegetarian, dairy free,
no gluten-containing ingredients
 Easily digestible plant-derived capsule
- Laboratory tested for purity
Free of heavy-metal toxicity

gaia
HERBS

DailyWellness™

Resveratrol
150

Provides antioxidant &
cardiovascular support*

Supports healthy aging*
Trans-resveratrol: 150mg†

Resveratrol concentration =
60 bottles of wine per serving††

meetyourherbs®

SEE BACK OF BOX TO LEARN HOW

250 VEGETARIAN LIQUID PHYTO-CAPS™
DIETARY SUPPLEMENT

Japanese Knotweed

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†Daily Value not established.

Other ingredients: Vegetable glycerin, capsule (vegetable cellulose)

† = Ecologically Harvested

††Based on mean calculation of Resveratrol in red wine. (Approximately 150mg Resveratrol found in 60 bottles of red wine, approximately 2.5mg Resveratrol per bottle)

gaia
HERBS 101 Gaia Herbs Dr., Brevard, NC 28712
www.gaiaherbs.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

gaia
HERBS plant
intelligence®

GAIA FARM
BREVARD, NC

At Gaia Herbs' 250-acre certified organic farm and our on-site analytical lab – we plant, grow, harvest and research to optimize best practices in certified organic cultivation of over 40 crops annually.

meetyourherbs®

Track the life story of each herb in your bottle by entering its ID# at GaiaHerbs.com.

PURITY: Trace the origin of each herb back to its source.

INTEGRITY: See analytical results for this product.

POTENCY: Validate each herb's full phytochemical complex.