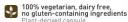
### Suggested Use

#### Take 1 capsule 3-4 times daily between meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

# The Gaia Difference





Laboratory tested for purity Free of heavy-metal toxicity



SystemSupport<sup>™</sup>

# Respiratory Defense

Promotes respiratory immune health\*

# meetvourherbs

60 DIETARY SUPPLEMENT

## Supplement Facts

Daily Serving Size 3 Capsules Servings Per Container 20

### **AMOUNT PER 3 CAPSULES**

Calories 30

TOTAL ALCOHOL FREE EXTRACTS-

PROPRIETARY SYNERGISTIC EXTRACT BI END

1278 mgt

Osha root + (Ligusticum porteri), Oregano leaf A (Origanum vulgare), Grindelia floral buds & leaf + (Grindelia spp.), Echinacea Supreme A (Echinacea purpurea root, aerial parts & seed, Echinacea angustifolia root). Irish Moss fronds + /Chondrus crispus! Lobelia herb & seed A [Lobelia inflata].

Mullein leaf A /Verbascum spp J. Oregon Grape root + (Mahonia aquifolium), Hyssop flowers ▲ (Hyssopus officinalis), St. John's Wort flower buds & tops + [Hypericum perforatum], Barberry root + (Berberis vulgaris), Goldenseal rhizome + [Hydrastis canadensis]

†Daily Value not established

Other ingredients: Vegetable glycerin, vegetable cellulose (capsule) ▲ = Certified Organic Ingredient + = Ecologically Harvested

Each 3 capsules contain 1.914 mg crude herb equivalent.



101 Gaia Herbs Dr. Brevard, NC 28712

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