

Suggested Use

Take 1 capsule 3-4 times daily between meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

The Gaia Difference

-  **High potency, easy absorption**
Alcohol-free, Liquid Phyto-Caps™
U.S. Patent No. 6,238,696 B1
-  **100% vegetarian, dairy free, no gluten-containing ingredients**
Plant-derived capsule
-  **Laboratory tested for purity**
Free of heavy-metal toxicity

Oregano

gaia[®]
HERBS

SystemSupport™

Respiratory Defense®

Promotes respiratory
immune health*

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 60 DIETARY SUPPLEMENT
VEGETARIAN LIQUID PHYTO-CAPS™

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Supplement Facts

Daily Serving Size 3 Capsules

Servings Per Container 20

AMOUNT PER 3 CAPSULES

Calories 30

TOTAL ALCOHOL FREE EXTRACTS: 1278 mg†

PROPRIETARY SYNERGISTIC EXTRACT BLEND:

Osha root + (Ligusticum porteri), Oregano leaf ▲ (Origanum vulgare), Grindelia floral buds & leaf + (Grindelia spp.), Echinacea Supreme ▲ (Echinacea purpurea root, aerial parts & seed, Echinacea angustifolia root), Irish Moss fronds + (Chondrus crispus), Lobelia herb & seed ▲ (Lobelia inflata), Mullein leaf ▲ (Verbascum spp.), Oregon Grape root + (Mahonia aquifolium), Hyssop flowers ▲ (Hyssopus officinalis), St. John's Wort flower buds & tops + (Hypericum perforatum), Barberry root + (Berberis vulgaris), Goldenseal rhizome + (Hydrastis canadensis)

†Daily Value not established.

Other ingredients: Vegetable glycerin, vegetable cellulose (capsule)

▲ = Certified Organic Ingredient + = Ecologically Harvested

Each 3 capsules contain 1,914 mg crude herb equivalent.



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HERBS

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*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.