Rejuve Gentle Daily Fiber

Rejuve Gentle Daily Fiber is a proprietary blend of plant based fibers and botanicals that help to support healthy digestion. Dietary fiber is an essential component for a healthy digestive system as well as being a part of a heart healthy diet.

Suggested Use

1/2 hour before breakfast, take 1 heaping teaspoon of Rejuve Gentle Daily Fiber in 8-10 oz. of water. Shake or stir well and drink quickly before liquid thickens. If sensitive digestion or elimination is present, then begin with 1/2 the suggested dose and gradually increase to the full dose.

Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place.



DailyWellness™

Rejuve **GENTLE DAILY FIBER**

Supports gentle elimination with rejuvenative herbs*

meetyourherbs ?

NET WT 110 GRAMS DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Heaping Teaspoon Servings Per Container 36

Amount per serving

HERRAL BLEND

3.0 at Psyllium seed husk powder A (Plantago ovata), Triphala fruit extract powder + (Emblica officinalis. Terminalia bellerica, Terminalia chebula), ChiaMax™ ground Chia seed + (Salvia hispanica), Marshmallow

root powder + (Althaea officinalis). Dealycyrrhizinated Licorice root powder extract + (Glycyrrhiza spp.), Ginger rhizome powder ▲ (Zingiber officinale), Cinnamon bark powder A

(Cinnamomum spp.). † Daily Value not established

+ = Ecologically Harvested

= Certified Organic Ingredient



Brevard, NC 28712 GaiaHerbs.com [04] 1136-1110

Gaia Herbs, Inc.,

101 Gaia Herbs Dr.