

Suggested Use

Take 2 capsules 5 times daily for 2 days at onset. Repeat if necessary.

Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

The Gaia Difference

-  **High potency, easy absorption**
Alcohol-free, Liquid Phyto-Caps™
U.S. Patent No. 6,238,696 B1
-  **100% vegetarian, dairy free, no gluten-containing ingredients**
Plant-derived capsule
-  **Laboratory tested for purity**
Free of heavy-metal toxicity

Echinacea

gaia
HERBS

RapidRelief™

Quick
Defense®

Rapid immune
response at onset*
meet your herbs™
Enter ID # at GaiaHerbs.com

 40 DIETARY SUPPLEMENT
VEGETARIAN LIQUID PHYTO-CAPS™

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Supplement Facts

Serving Size 2 Capsules
Servings Per Container 20

AMOUNT PER 2 CAPSULES

Calories 14

TOTAL ALCOHOL FREE EXTRACTS: 543 MG†

Echinacea root (*Echinacea purpurea*) ▲ 250 mg†

Echinacea root (*Echinacea angustifolia*) ▲ . . 83 mg†

PROPRIETARY SYNERGISTIC EXTRACT BLEND: 210 MG†

Andrographis paniculata leaf +, Black Elderberry
berries ▲ (*Sambucus nigra*), Ginger root
Supercritical CO₂ Extract ▲ (*Zingiber officinale*)

VALIDATED FULL SPECTRUM PROFILE

Total alkylamides (from Echinacea root). . . 10 mg†

†Daily Value not established

Other ingredients: Vegetable glycerin, certified organic olive oil,
chlorophyll vegetable cellulose (capsule)

= Certified Organic Ingredient + = Ecologically Harvested

Each 2 capsules contain 5,200 mg dry herb equivalent



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HERBS

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*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.