

Suggested Use

Adults take 2 capsules in the morning and 1 capsule in the evening.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

The Gaia Difference

 **Liquid potency, easy absorption**
Alcohol-free, Liquid Phyto-Caps™
U.S. Patent No. 6,238,696 B1

 **100% vegan and gluten-free**

 **Laboratory-tested for purity**
Free of heavy metal toxicity

Saw Palmetto

gaia
HERBS

SystemSupport

Prostate
Health

Supports healthy
prostate function*
meet your herbs®
Enter ID # at GaiaHerbs.com

 **VEGAN LIQUID PHYTO-CAPS™**
DIETARY SUPPLEMENT

Enter ID# at GaiaHerbs.com BEST BY

Supplement Facts

Daily Serving Size 3 Capsules
Servings Per Container 20

Amount Per Serving

Calories 30
Saw Palmetto berry ♦ (Serenoa repens) 320 mg†
[272 mg† fatty acids from Supercritical CO₂ Extract]

Proprietary Extract Blend 930 mg†

Nettle root ♦ (Urtica dioica), Green Tea leaf†♦ (Camellia sinensis), White Sage aerial parts ♦ (Salvia apical), Rosemary leaf Supercritical CO₂ Extract ♦ (Rosmarinus officinalis), Pumpkin seed oil ♦ (Cucurbita pepo), Pomegranate freeze dried arils ♦ (Punica granatum), Pomegranate seed oil ♦ (Punica granatum)

†Daily Value not established.

Other ingredients: Vegetable glycerin and capsule (vegetable cellulose)

▲ = Organic ingredient ♦ = Ecologically harvested
††Note: This product contains caffeine from Green Tea.

Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712

Each 3 capsules contain 5,370 mg dry herb equivalent.



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post consumer material. Our amber glass bottles contain at least 30% recycled content.



BEST BY:

A55002
[006] 1411-1211

SystemSupport™

Addressing a root cause of less-than-optimal systemic balance can help enhance your vitality.* Gaia Herbs' SystemSupport™ products help naturally maintain your body's harmony and balance.*

Prostate Health

Prostate health is necessary for men's overall well-being and quality of life. Gaia Herbs' Prostate Health formula supports metabolism of male hormones and provides antioxidant protection with a unique blend of botanically derived ingredients including Pomegranate, White Sage, Green Tea, Nettle root, and Saw Palmetto.*

The Gaia Difference

 **Liquid potency, easy absorption**
Alcohol-free Liquid Phyto-Caps™
U.S. Patent No. 6,238,696 B1

 **100% vegetarian, dairy free, no gluten-containing ingredients**
 Easily digestible plant-derived capsules

 **Laboratory tested for purity**
Free of heavy-metal toxicity

gaia
HERBS

SystemSupport™

Prostate
Health

Supports healthy
prostate function*
meet your herbs®
SEE BACK OF BOX TO LEARN HOW

Optimizes men's health*
With Pomegranate

Antioxidant protection*
Green Tea & Rosemary extracts

meet your herbs®
SEE BACK OF BOX TO LEARN HOW

 **VEGETARIAN LIQUID PHYTO-CAPS™**
DIETARY SUPPLEMENT

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www.gaiaherbs.com

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gaia^{††} plant
HERBS intelligence[®]

GAIA FARM
BREVARD, NC

On-site at Gaia Herbs 250-acre certified organic farm is our 45,000-square-foot certified organic manufacturing facility and analytical laboratory.

Here, we test our herbs' natural chemistry as they grow, allowing us to harvest at peak potency.

meet your herbs®

Track the life story of each herb in your bottle by entering its ID# at GaiaHerbs.com.

PURITY: Trace the origin of each herb back to its source.

INTEGRITY: See analytical results for this product.

POTENCY: Validate each herb's full phytochemical complex.