

## Suggested Use

Take 2 capsules 2 times daily between meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

## The Gaia Difference



**High potency, easy absorption**  
Alcohol-free, Liquid Phyto-Caps™  
U.S. Patent No. 6,238,696 B1



**100% vegetarian, dairy free,  
no gluten-containing ingredients**  
Plant-derived capsule



**Laboratory tested for purity**  
Free of heavy-metal toxicity

Black Walnut

gaia  
HERBS

SystemSupport™

Para-Shield®

Optimizes  
digestive flora\*

meet your herbs™

Enter ID # at GaiaHerbs.com



DIETARY SUPPLEMENT  
VEGETARIAN LIQUID PHYTO-CAPS™

BEST BY

Enter ID# at GaiaHerbs.com

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

### AMOUNT PER 2 CAPSULES

Calories 20

TOTAL ALCOHOL FREE EXTRACTS: 900 mg†

### PROPRIETARY SYNERGISTIC EXTRACT BLEND:

Black Walnut fresh green hulls + (*Juglans nigra*),  
Wormwood absinthium herb ▲ (*Artemisia  
absinthium*), Sweet Wormwood herb ▲ (*Artemisia  
annua*), Gentian root ▲ (*Gentiana lutea*), Coptis  
rhizome + (*Coptis chinensis*), Ginger root ▲  
(*Zingiber officinale*), Pomegranate seed + (*Punica  
granatum*), Clove bud essential oil + (*Syzygium  
aromaticum*)

†Daily Value not established.

### Other ingredients:

Vegetable glycerin, vegetable cellulose (capsule)

▲ = Certified Organic Ingredient

+ = Ecologically Harvested

Each 2 capsules contain 3,180 mg crude herb equivalent.



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\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.